

# Stay Well in Wales:

## The public's views on public health

A nationally representative household survey asked 1,001 residents aged 16 years and over about their perceptions of a range of public health issues.

**Q** Which public health issues are *important contributors* to poor health and well-being? **?**

**Q** Which public health issues do public services *need to do more* to address? **?**

More than 5 in 10 people said

### Alcohol abuse

Social isolation

Lack of employment

Unhealthy eating habits

Lack of screening for adult illness

Drug abuse

Hospital infections

Smoking

Physical inactivity

Affordability of healthy choices

Poor parenting of children

Violence

Health care access

### Social isolation

Violence Poor parenting of children Lack of screening for child illness

Housing of children

Alcohol abuse Affordability of healthy choices

Drug abuse Physical inactivity

Health care access

Lack of employment Lack of screening for adult illness

Air pollution

Unhealthy eating habits

Hospital infections

Top 10 sources of information people in Wales use *often* to find information to keep themselves healthy and well

1



Chatting with relatives, friends and colleagues

2



Internet searches

3



Speaking to a doctor or nurse

4



TV health documentaries

5



TV news

6



Social media

7



Speaking to a pharmacist or chemist

8



NHS websites

9



Product adverts

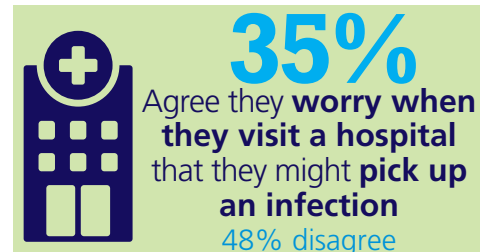
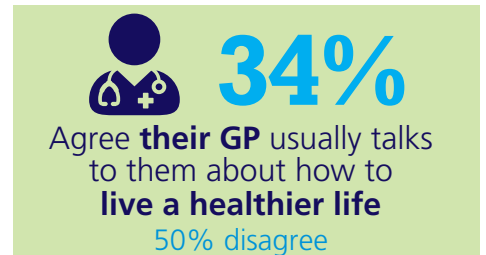
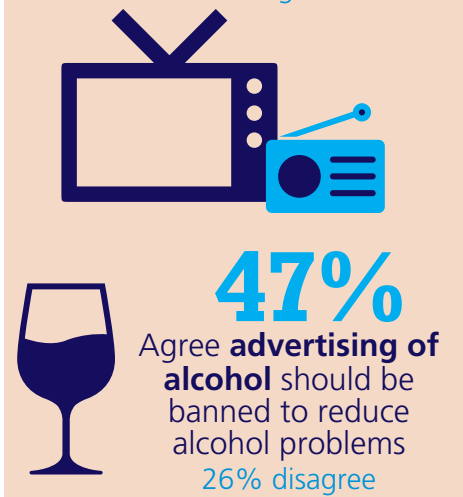
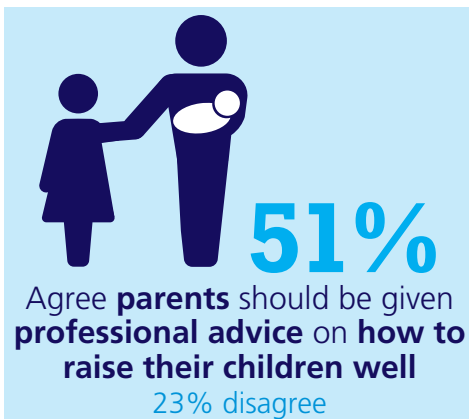
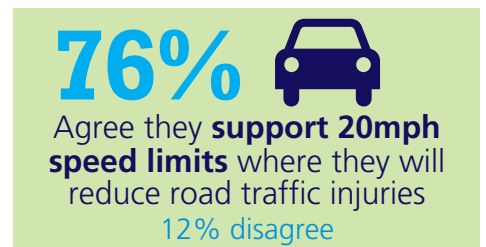
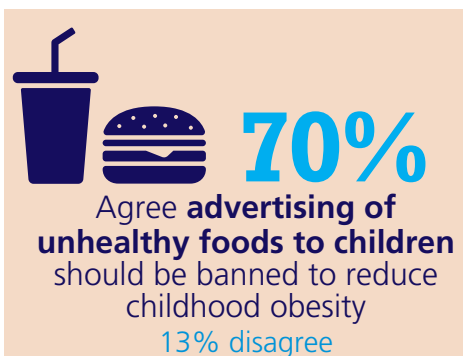
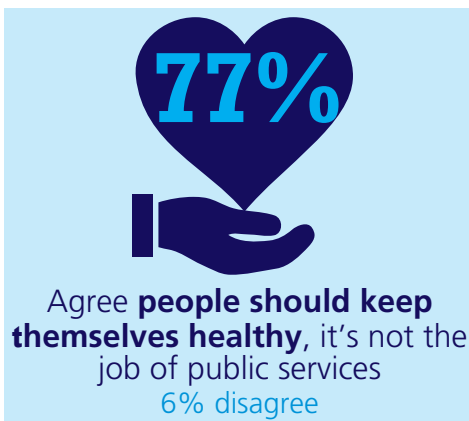
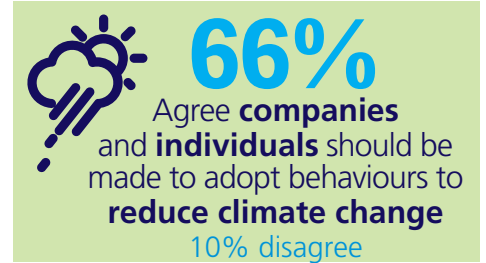
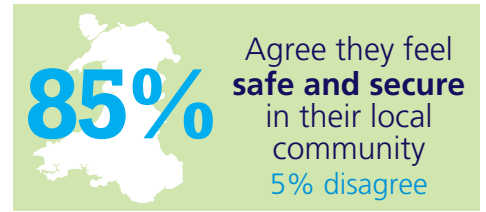
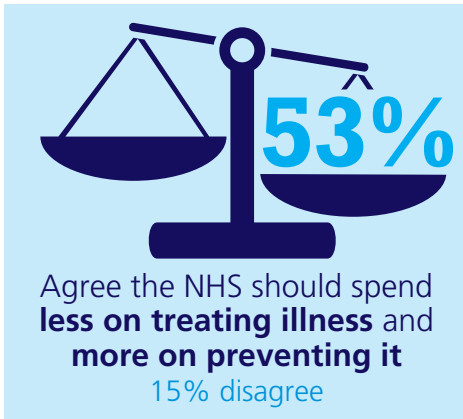
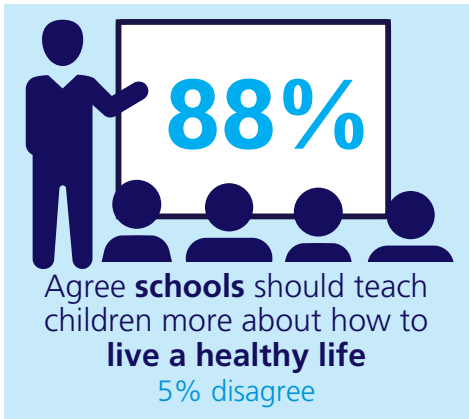
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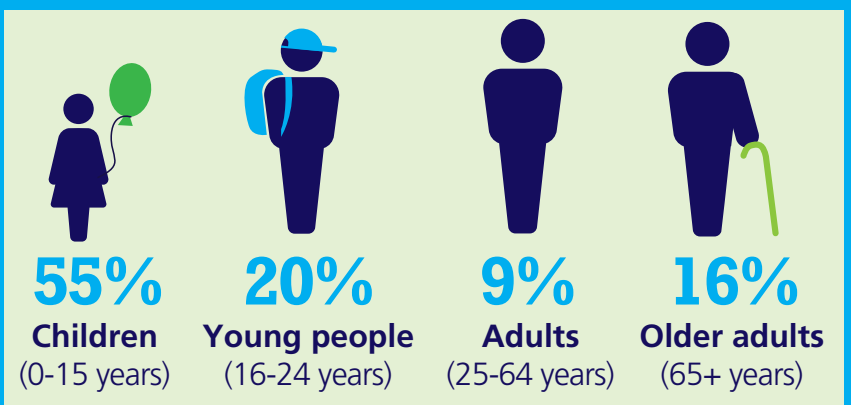
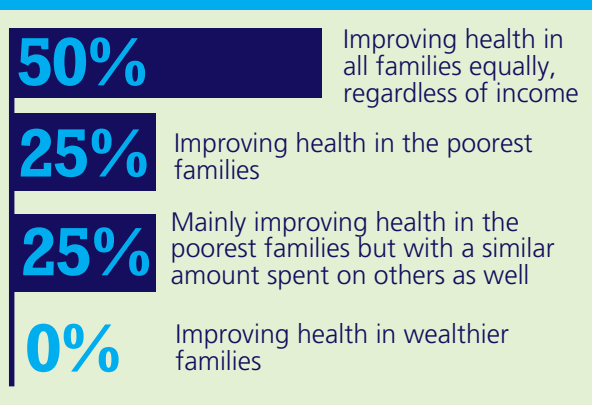
Health apps

\*The bigger the text appears, the greater the proportion thinking the issue as an *important contributor* or as *need to do more*

# What are the Welsh public's positions on a range of public health priorities?



## If public services had extra money to spend, the public would prefer to spend it on:



The Stay Well in Wales nationally representative household survey interviewed 1,001 people (aged 16+ years) from across Wales at their homes in 2017. Randomly selected households were invited to participate through a letter; 6% of households opted out at this stage. Of those eligible to participate, 76% agreed to take part and we are grateful to all those who freely gave their time. All analyses have been adjusted to national population demographics. The information in this infographic is taken from **Stay Well in Wales: The public's views on public health. Findings from the nationally representative household survey.**

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