

# How are we doing in Wales?

Public Engagement Survey on Health and  
Wellbeing during Coronavirus Measures

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Week 11 (15<sup>th</sup> to 21<sup>st</sup> June 2020)

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The information collected from **500 or more randomly selected individuals** provides the basis of the results presented in each **weekly report**.

The survey aims to provide data representative of the Welsh population and data are adjusted to represent the Welsh population by age, sex and deprivation.

In some weeks, new questions are added and others removed, depending on emerging issues at that time. This week's report contains routine measures seen in previous reports alongside some new questions that focus on perceptions of recovery (how coronavirus restrictions may be eased in the coming weeks and months).

A sample of individuals from each week's surveys are also followed up with a second call which explores some different aspects of the pandemic.

We thank the people of Wales for giving us their valuable time to support this work.



577 Welsh residents aged 18 years and over were interviewed in week 11 of the survey (15<sup>th</sup> to 21<sup>st</sup> June).

69%

of people think that social distancing should remain at 2 metres; 25% think it should reduce to 1 metre and 6% that it should be removed completely.

54%

of people have come into close contact (less than one metre) with someone from outside their household in the last week.

80%

of people would feel safe to attend a routine medical appointment if invited to do so.

30%

of people say their current financial situation is worse than normal as a result of coronavirus restrictions; 15% say it is better and 55% that it is unchanged.

54%

of people would be very or extremely concerned about children catching coronavirus in schools and spreading this in their families and communities.

47%

of people would be very or extremely concerned about children's education being damaged by schools returning to normal too slowly.

Thinking about children returning to school...

Do you think you have or have had coronavirus?

Yes	13%
Don't know	8%

How worried are you that you could get coronavirus?

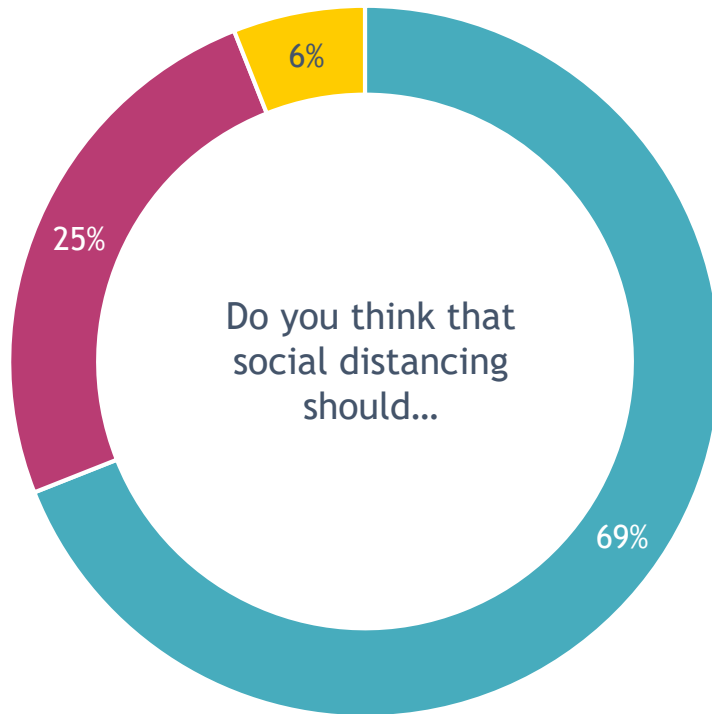
Excludes those answering 'yes' to having had coronavirus

Not at all	21%
A little	34%
Moderately	32%
Very	14%

Has someone close to you like a family member or friend become seriously ill\* with coronavirus?

Yes	8%
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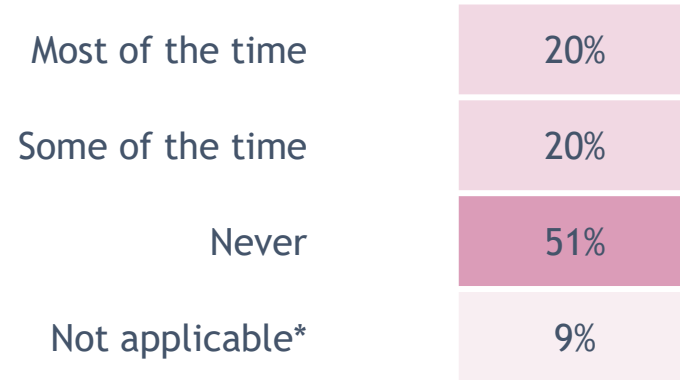
\* hospitalised or died



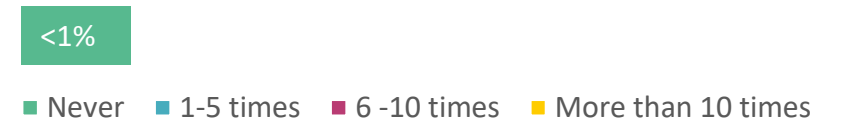
- Remain at 2 metres
- Be reduced to 1 metre
- Be removed completely

	None	1 - 2	3 - 10	More than 10
In the last 7 days, how many people from outside your household have you come into close contact with, meaning within 1 metre?	46%	29%	16%	9%
In the last 7 days, how many people have come into your house other than the people you usually live with?	70%	26%	4%	<1%
In the last 7 days, how many other people's houses have you been into?	74%	25%	1%	<1%

## Currently, when you go out, do you wear a face covering...



\* do not go out



# How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

Too little 8%



About right 74%



Too much 18%



I would prefer to stay in lockdown until there is no chance of catching coronavirus

Agree 47%



Disagree 36%



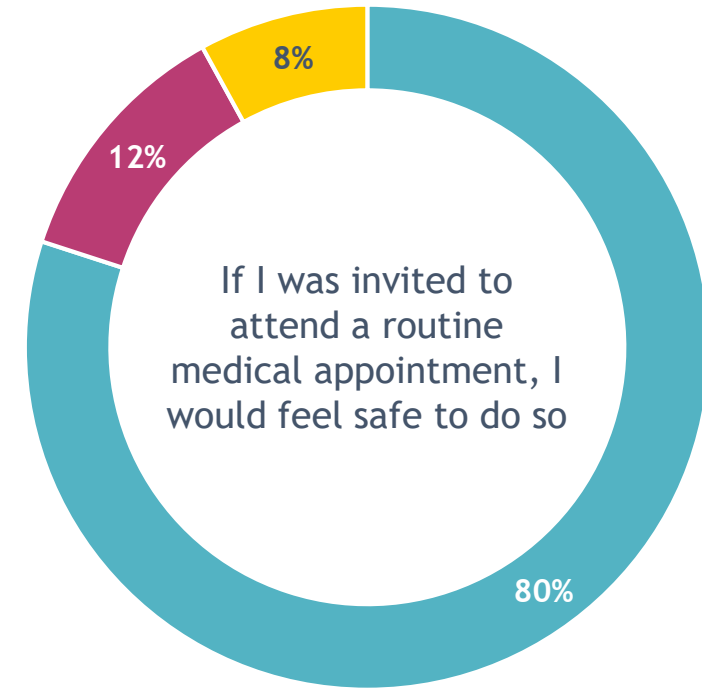
Undecided 17%



	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
I think that <b>Welsh government</b> is responding to the problems caused by coronavirus well	23%	51%	11%	11%	5%
I am confident that the <b>NHS</b> would be able to adequately care for me if I became seriously ill with coronavirus	38%	51%	5%	4%	2%
I trust the <b>police</b> to use their powers to restrict people's movement sensibly	19%	56%	8%	12%	5%

## As the current restrictions are lifted, which measures do you think should be put in place to protect people?

	Yes	No	Unsure
People should be made to wear face coverings in public places	65%	24%	11%
People who leave their homes should be regularly tested to see if they have the virus	63%	24%	13%
People should not share cars with people they do not live with	67%	24%	9%
People working in shops should wear face coverings or visors	82%	12%	6%
Shops should be required to put social distancing measures in place	97%	2%	1%



■ Agree 
 ■ Disagree 
 ■ Undecided



## When do you think the following changes should happen?

	Should already be happening	Within the next 3 weeks	In more than 3 weeks
Shops should re-open	25%	44%	32%
Restaurants, pubs and bars should re-open	7%	27%	66%
Places of worship should re-open	30%	37%	33%
Non-essential workers should be able to return to work	32%	40%	28%
Major events like sports & concerts should be able to run	5%	9%	87%
Social distancing restrictions should be ended for close family and friends that do not live together	28%	38%	34%
Cancer screening appointments should re-start (e.g. for breast, bowel and cervical cancer)	84%	12%	4%

## When do you think the following changes should happen?

	Should already be happening	Within the next 3 weeks	In more than 3 weeks
People should be able to travel as far as they like in Wales to meet people and use public spaces so long as they maintain social distancing	35%	37%	28%
People should be able to travel abroad and return to Wales without having to go into quarantine	6%	12%	82%

## In a normal summer would you...

	Yes*
Go abroad for a holiday?	59%
Go somewhere else in the UK for a holiday?	49%
Neither (stay at home)	14%

## This summer, if restrictions on holidays were removed and there was no quarantine on returning, would you try to...

Go abroad for a holiday?	21%
Go somewhere else in the UK for a holiday?	43%
Neither (stay at home)	42%

\* Participants could select more than one option

## Thinking about children returning to school, how concerned would you be about the following?

I would prefer schools to remain closed until there is no chance of children catching coronavirus

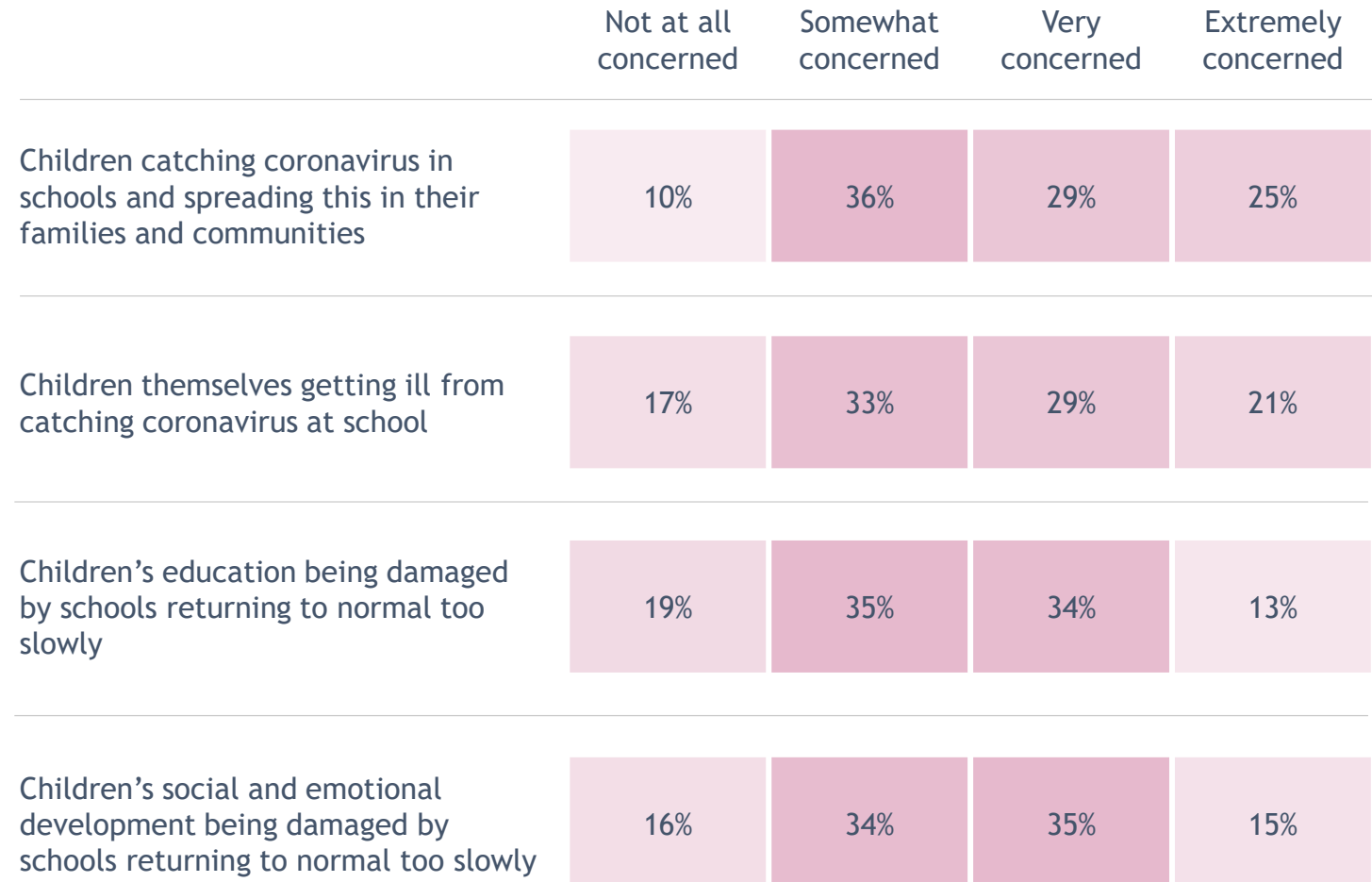
**Agree 58%**



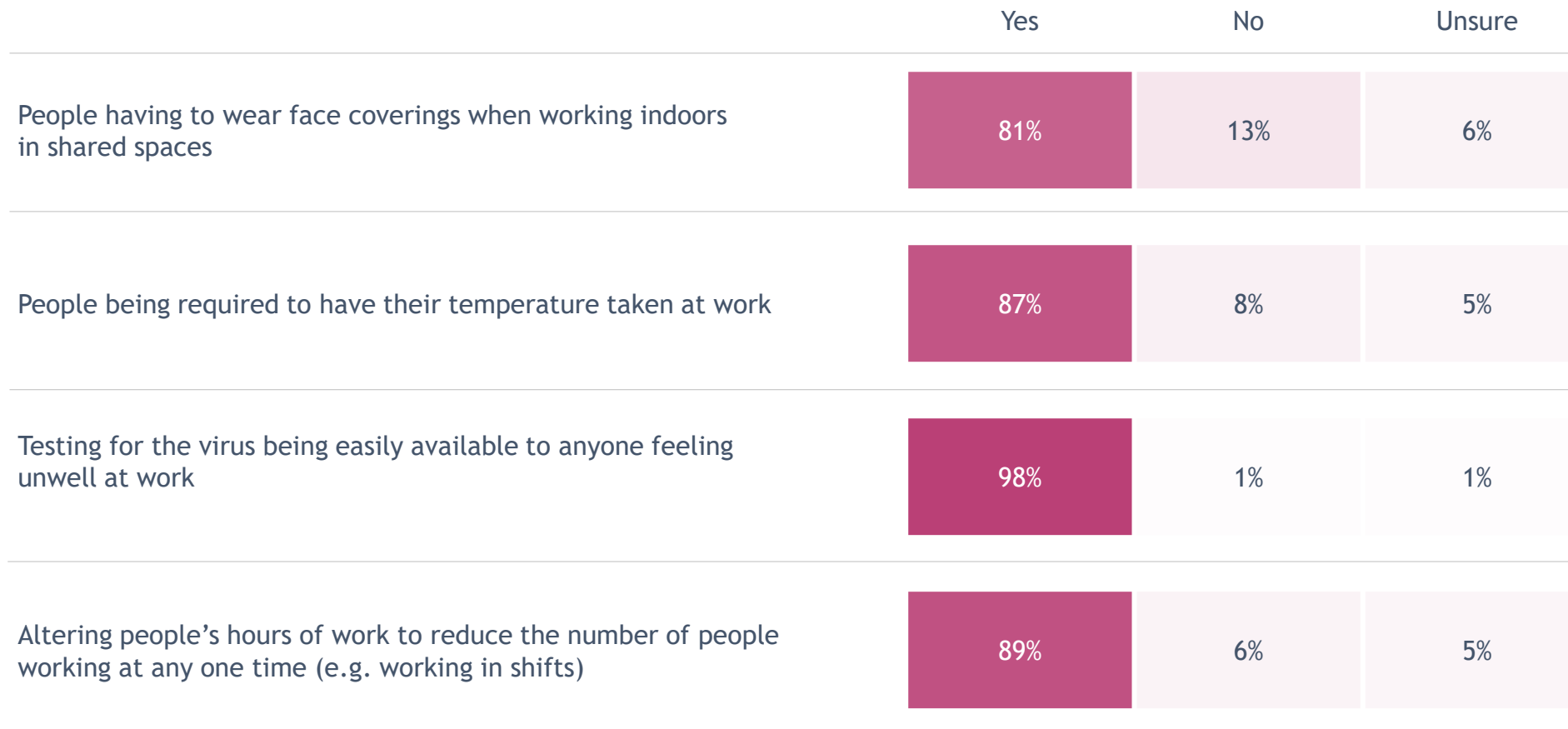
**Disagree 29%**



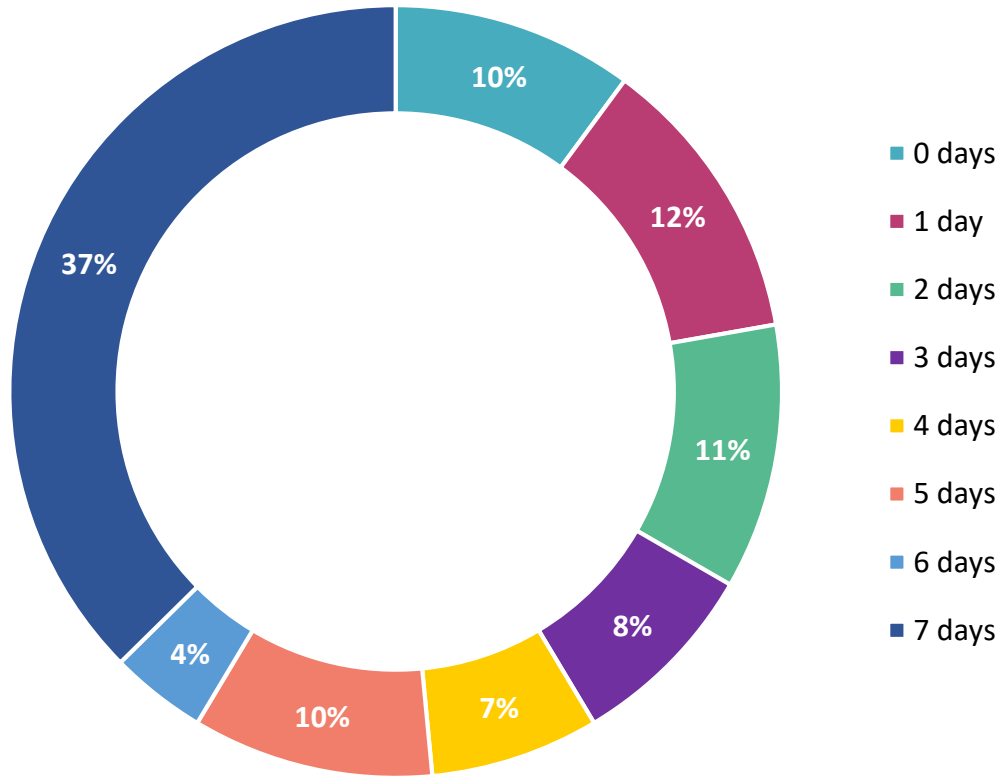
**Undecided 12%**



## To make it safe for people to return to work, which of these measures would you support?



In the past 7 days, on how many days have you left your home?



In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	79%	4%	5%	13%
...to shop	29%	59%	8%	4%
...for medical reasons	82%	18%	<1%	<1%
...to exercise	40%	13%	10%	37%
...to meet family/friends	60%	32%	5%	3%

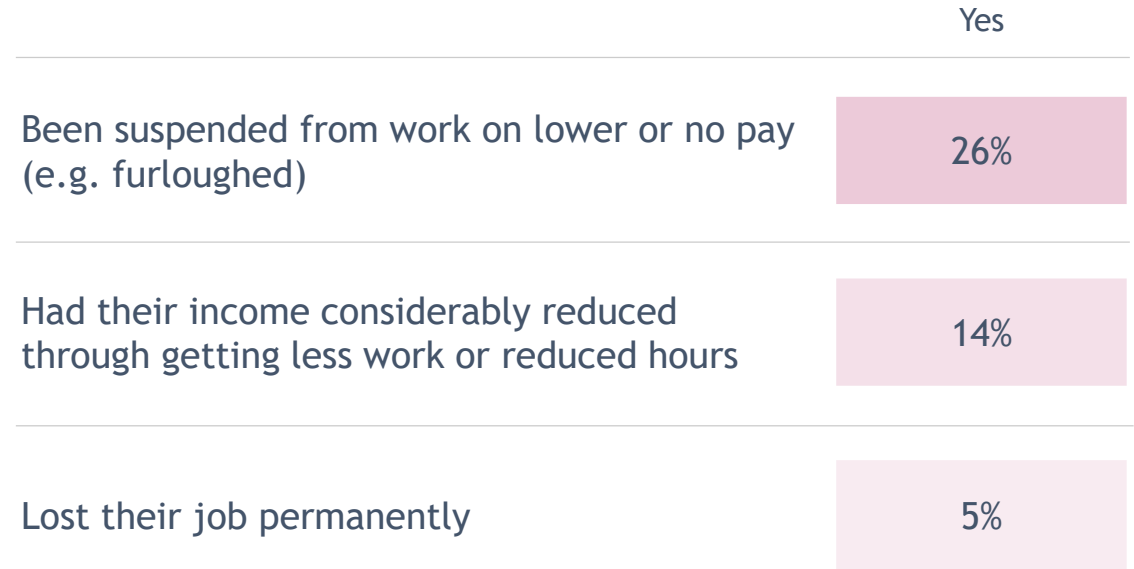
# What are we worried about?

Over the past week, how much have the following been worrying you?

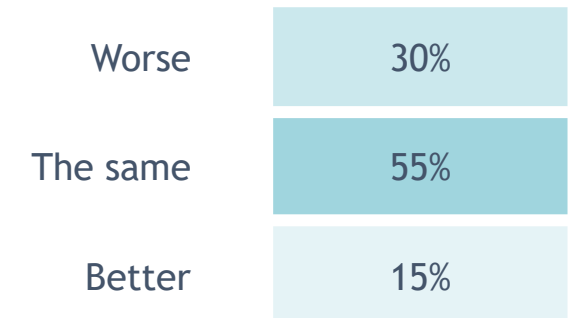
	Not at all	A little	A lot
Becoming seriously ill with coronavirus	42%	42%	15%
Losing someone you love to the virus	24%	30%	46%
The wellbeing of your children <sup>**</sup> -	25%	26%	49%
Your children's education <sup>**</sup> -	26%	25%	49%
Your marriage or relationship with a partner <sup>#</sup> -	81%	11%	9%
Losing your job or not being able to find one <sup>#</sup> -	70%	16%	14%
Work, even if your job is secure <sup>#</sup> -	62%	24%	14%
Your finances	64%	19%	17%

\*Limited to those with children in the household; -Unweighted data; #Excludes those responding 'not applicable'

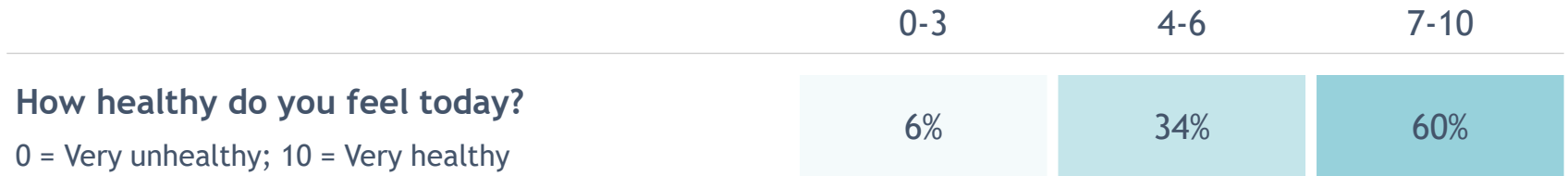
As a result of coronavirus, have you or anyone in your household...



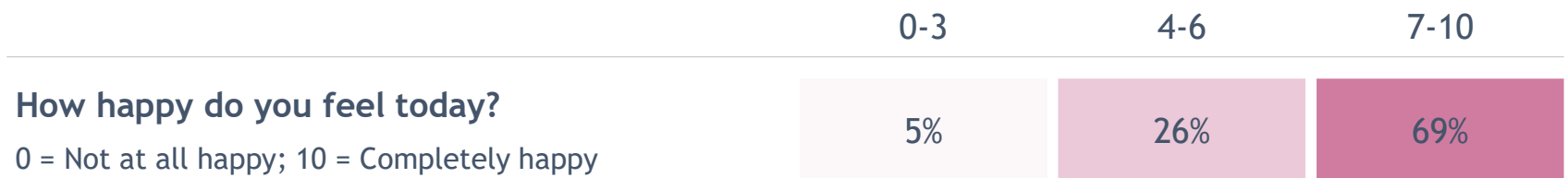
As a result of coronavirus restrictions, would you say your current financial situation is?



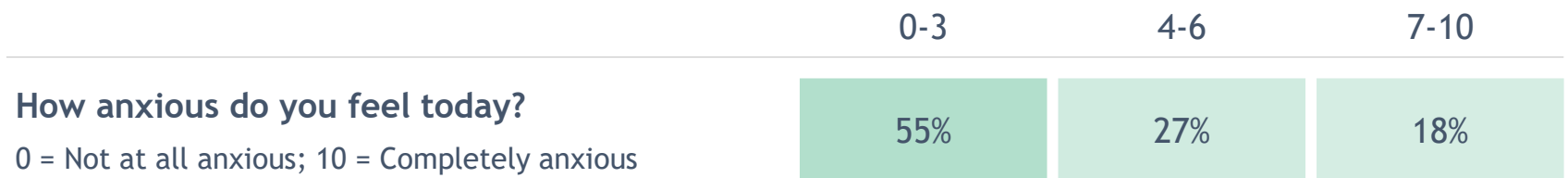
## Feeling healthy



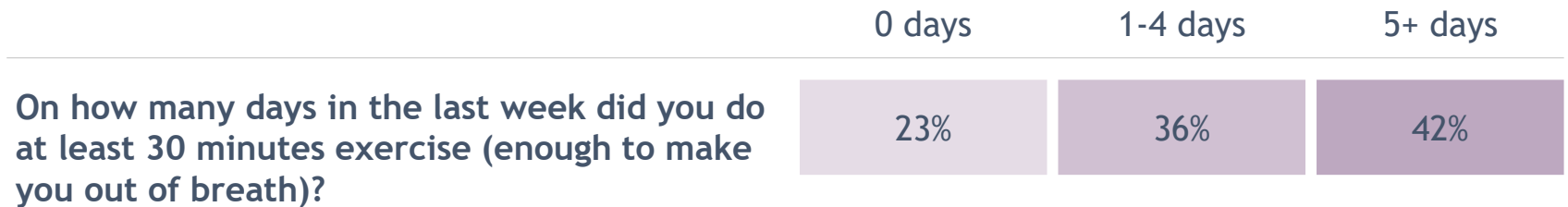
## Feeling happy



## Feeling anxious



## Exercise





In the last week, how often have you felt...

	Lonely	Isolated
Never	61%	44%
Occasionally	28%	34%
Often	8%	15%
Always	2%	7%

Over the past week, how much have the following been worrying you?

Your mental health and wellbeing

Not at all	52%
A little	32%
A lot	15%

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## Enquiries

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### Data and Analytics

Professor Karen Hughes

### Analytical support

Dr Freya Glendinning

### Survey Development

Professor Mark A Bellis

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## How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:  
**[phw.nhs.wales/howareyoudoing](https://phw.nhs.wales/howareyoudoing)**

### Email

[generalenquiries@wales.nhs.uk](mailto:generalenquiries@wales.nhs.uk)

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