

# How are we doing in Wales?

Public Engagement Survey on Health and  
Wellbeing during Coronavirus Measures

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Week 14 (6<sup>th</sup> to 12<sup>th</sup> July 2020)

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The information collected from **500 or more randomly selected individuals** provides the basis of the results presented in each **weekly report**.

The survey aims to provide data representative of the Welsh population and data are adjusted to represent the Welsh population by age, sex and deprivation. In some weeks, new questions are added and others removed, depending on emerging issues at that time.

This week's report contains routine measures seen in previous reports and looks at demographic differences in feelings of safety attending medical appointments and close contact with non-household members.

We thank the people of Wales for giving us their valuable time to support this work.



601 Welsh residents aged 18 years and over were interviewed in week 14 of the survey (6<sup>th</sup> to 12<sup>th</sup> July).

38%

of people came into close contact (within 1 metre) with at least 3 people from outside their household in the last 7 days, up from 29% in week 12.

*Adults aged 25-34 years and individuals without health vulnerabilities are more likely to have come into close contact with non-household members.*

51%

of people wear face coverings when going out at least sometimes, up from 46% in week 12.

36%

of people say at least one person from outside their household came into their home in the last 7 days, up from 27% in week 12.

22%

of people have been worrying 'a lot' about their mental health and well-being, up from 13% in week 12.

66%

of people think people should be made to wear face coverings in public places, up from 61% in week 12.

37%

of people think social distancing restrictions should have already ended for close family and friends that do not live together, up from 27% in week 12.

80%

of people would feel safe attending a routine medical appointment if they were invited to do so.

*People with health vulnerabilities are less likely to say they would feel safe attending a routine medical appointment.*

Do you think you have or have had coronavirus?

Yes	16%
Don't know	8%

How worried are you that you could get coronavirus?

Excludes those answering 'yes' to having had coronavirus

Not at all	22%
A little	31%
Moderately	34%
Very	14%

Has someone close to you like a family member or friend become seriously ill\* with coronavirus?

Yes	9%
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\*hospitalised or died

# How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

Too little 15%



About right 74%



Too much 12%



I would prefer to stay in lockdown until there is no chance of catching coronavirus

Agree 38%



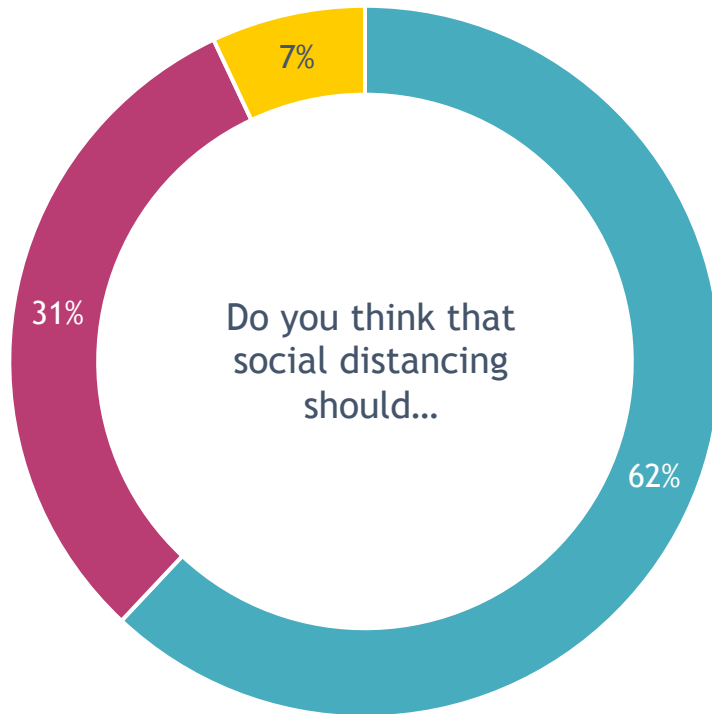
Disagree 47%



Undecided 15%



	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
I think that <b>Welsh government</b> is responding to the problems caused by coronavirus well	21%	56%	9%	9%	5%
I am confident that the <b>NHS</b> would be able to adequately care for me if I became seriously ill with coronavirus	37%	51%	8%	4%	<1%
I trust the <b>police</b> to use their powers to restrict people's movement sensibly	20%	53%	9%	12%	5%



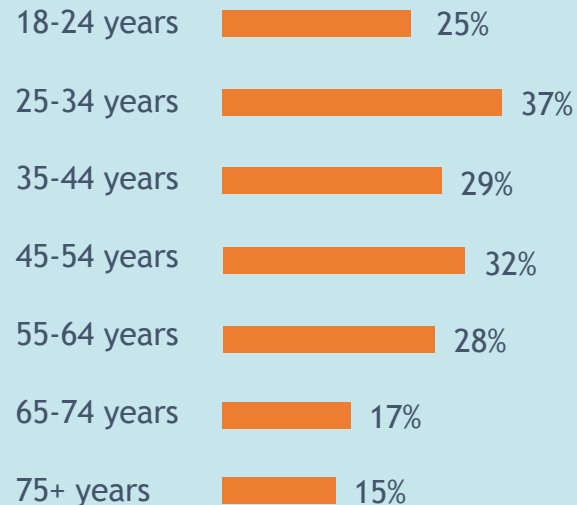
- Remain at 2 metres
- Be reduced to 1 metre
- Be removed completely

	None	1 - 2	3 - 10	More than 10
In the last 7 days, how many people from outside your household have you come into close contact with, meaning within 1 metre?	36%	26%	24%	14%
In the last 7 days, how many people have come into your house other than the people you usually live with?	64%	26%	9%	<1%
In the last 7 days, how many other people's houses have you been into?	65%	32%	1%	2%

Adults aged 25-34 years and individuals without health vulnerabilities\* are more likely to be coming into close contact with non-household members.

Adjusted proportion<sup>#</sup> reporting having come into close contact with 3 or more people from outside their household in the last 7 days

## Age group



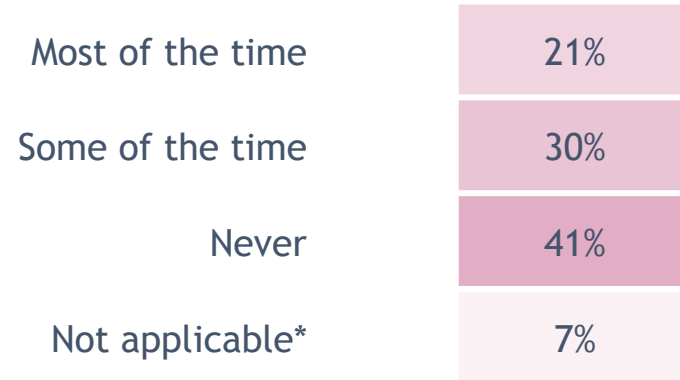
## Health vulnerabilities\*



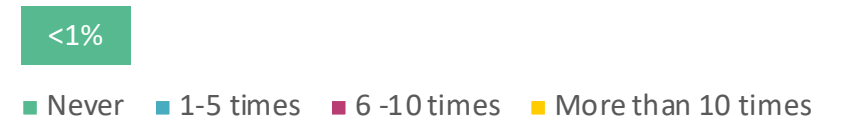
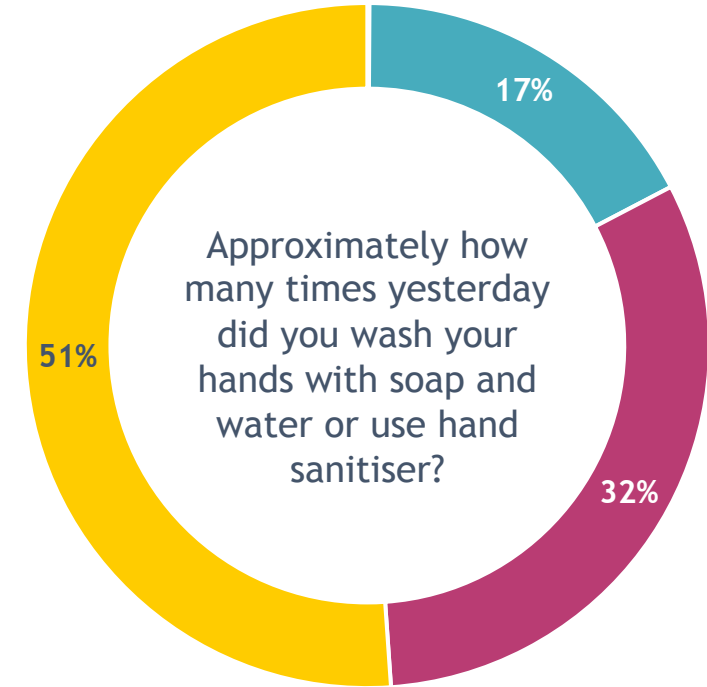
\* Having received a shielding letter or having one of the following health conditions: diabetes, heart disease, lung disease, cancer

<sup>#</sup>Includes data from weeks 11, 12 and 14; Estimates generated from a generalized linear model including age, gender, deprivation quintile, ethnicity, health vulnerabilities and survey week. No significant relationships were seen with other demographic factors.

## Currently, when you go out, do you wear a face covering...



\* do not go out

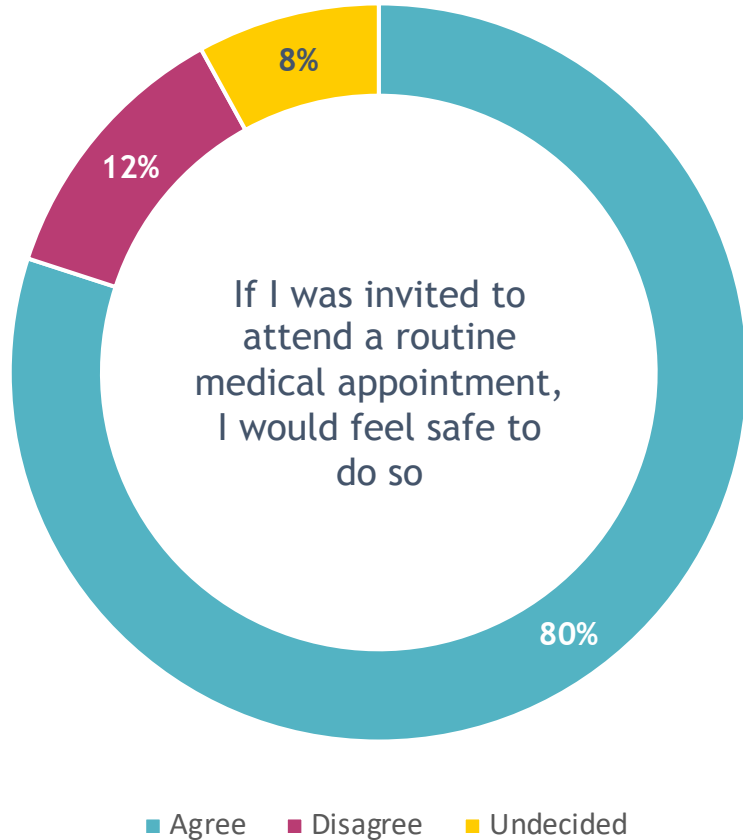




## As the current restrictions are lifted, which measures do you think should be put in place to protect people?



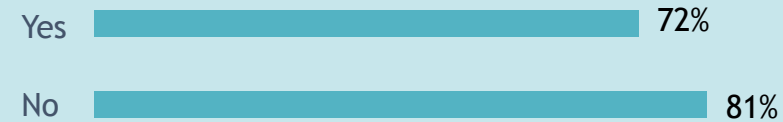
# Attending medical appointments



Individuals with health vulnerabilities\* are less likely to say they would feel safe attending a routine medical appointment

Adjusted proportion<sup>#</sup> that would feel safe attending a routine medical appointment if invited to do so

Health vulnerabilities<sup>#</sup>



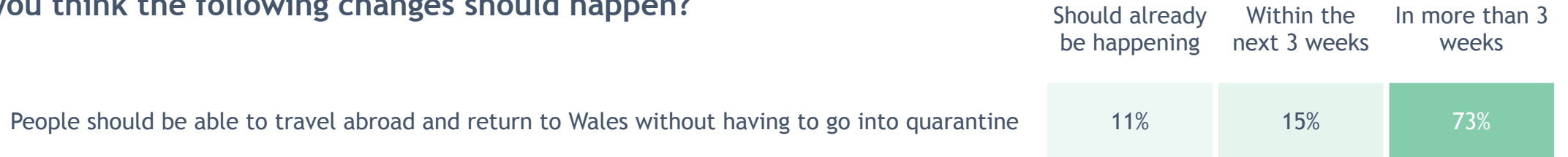
\*Having received a shielding letter or having one of the following health conditions: diabetes, heart disease, lung disease, cancer

<sup>#</sup>Includes data from weeks 11, 12 and 14; Estimates generated from a generalized linear model including age, gender, deprivation quintile, ethnicity, health vulnerabilities and survey week. No other demographic factor was significantly associated with feeling safe.

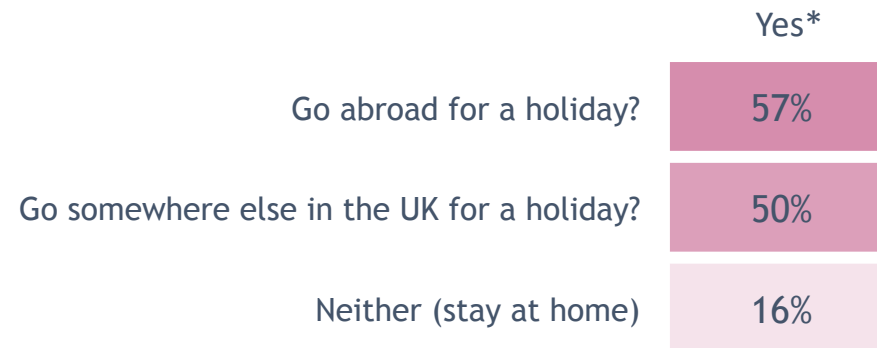
## When do you think the following changes should happen?

	Should already be happening	Within the next 3 weeks	In more than 3 weeks
Restaurants, pubs and bars should be able to fully re-open, including for indoor eating and drinking	12%	26%	62%
Non-essential workers should be able to return to work	37%	41%	23%
Major events like sports & concerts should be able to run	5%	9%	86%
Social distancing restrictions should be ended for close family and friends that do not live together	37%	37%	26%
Cancer screening appointments should re-start (e.g. for breast, bowel and cervical cancer)	86%	11%	3%

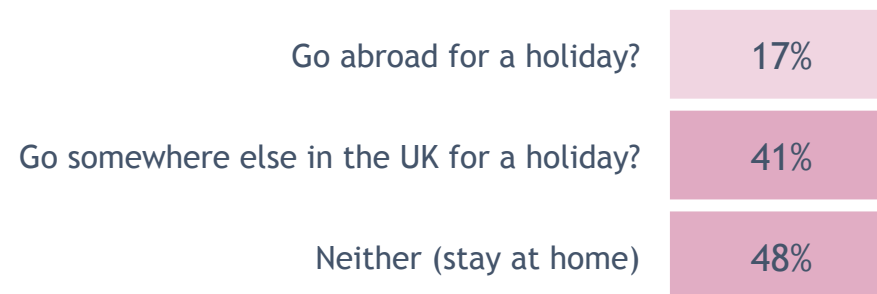
## When do you think the following changes should happen?



## In a normal summer would you...

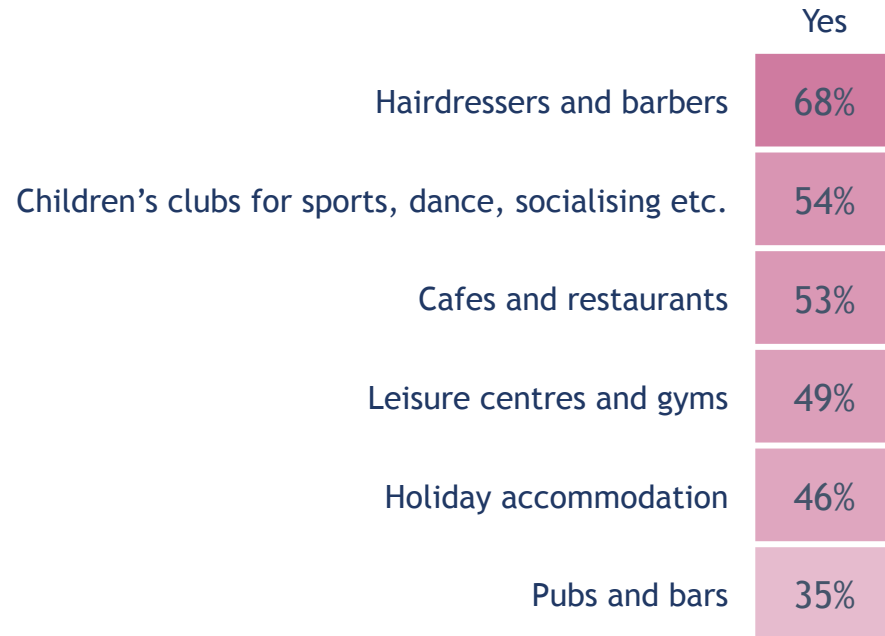


## This summer, if restrictions on holidays were removed and there was no quarantine on returning, would you try to...

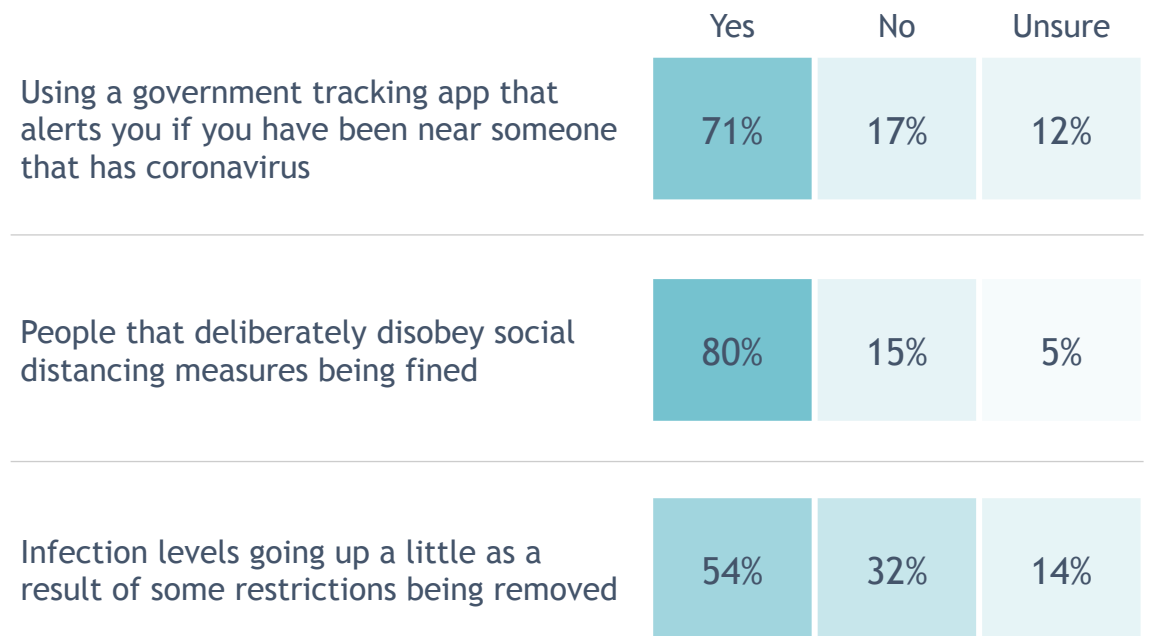


\* Participants could select more than one option

## Which of the following do you think should be in the priorities to re-open next as restrictions are relaxed?



## Which of the following do you find acceptable?



## Thinking about children returning to school, how concerned would you be about the following?

I would prefer schools to remain closed until there is no chance of children catching coronavirus

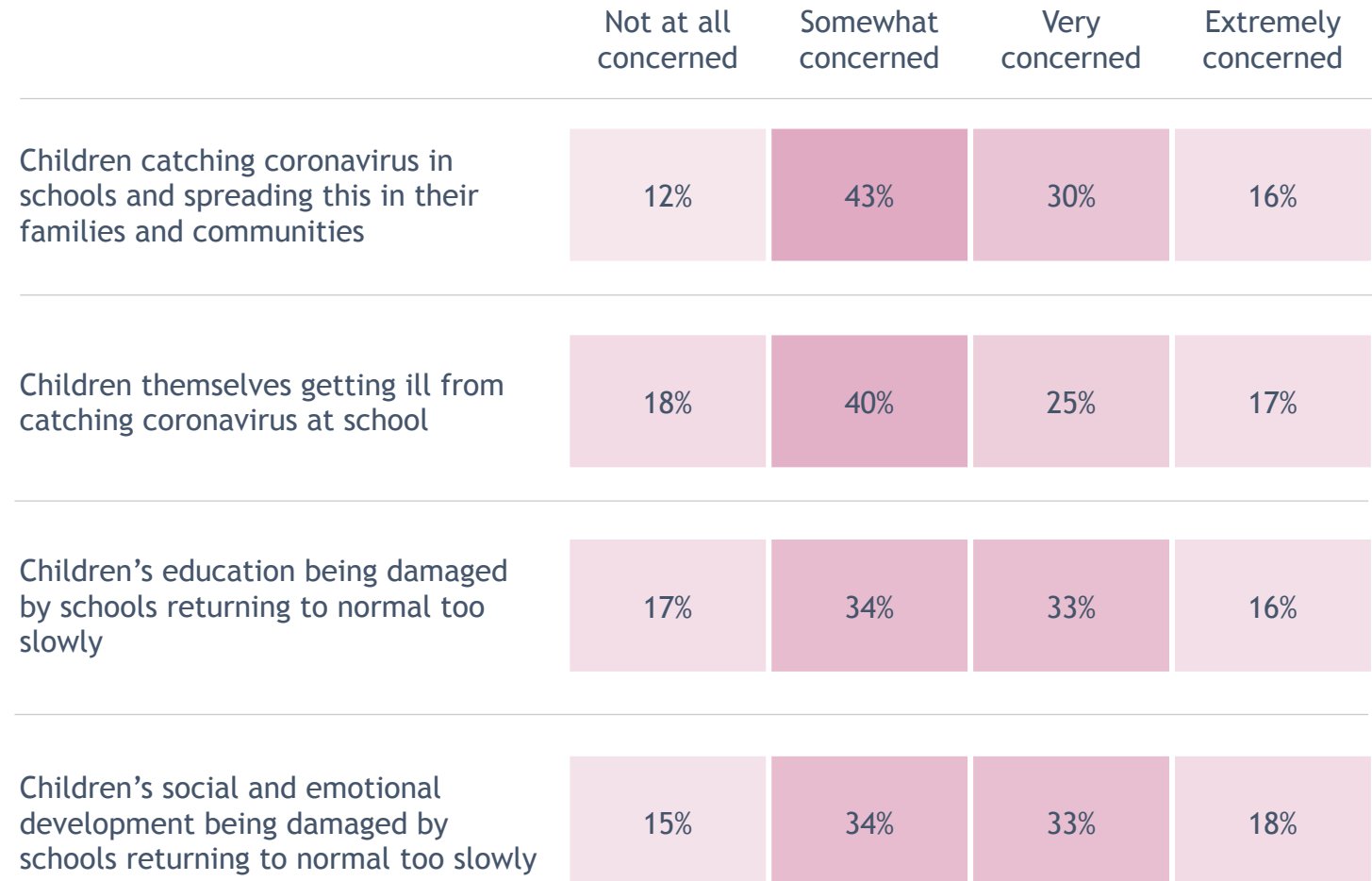
**Agree 45%**



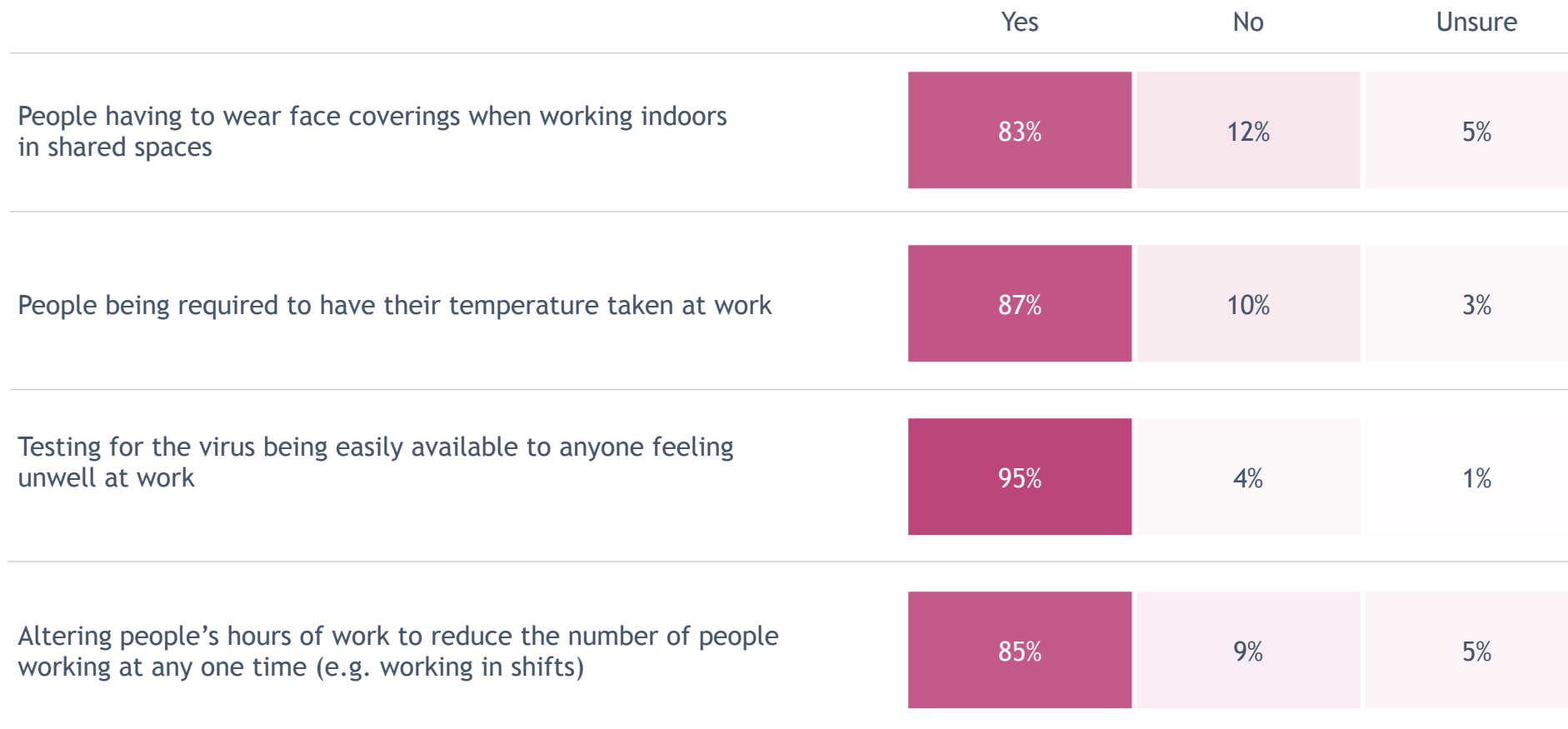
**Disagree 42%**



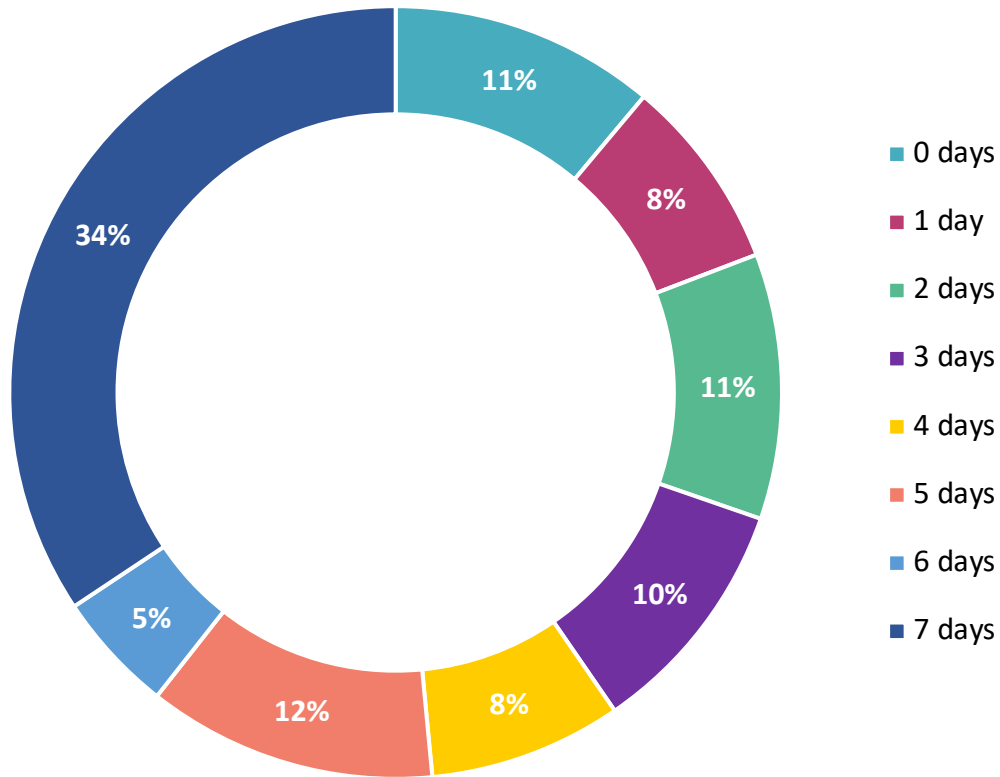
**Undecided 13%**



## To make it safe for people to return to work, which of these measures would you support?



In the past 7 days, on how many days have you left your home?



In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	66%	6%	10%	18%
...to shop	29%	56%	9%	7%
...for medical reasons	82%	18%	<1%	<1%
...to exercise	48%	15%	11%	27%
...to meet family/friends	59%	30%	6%	5%



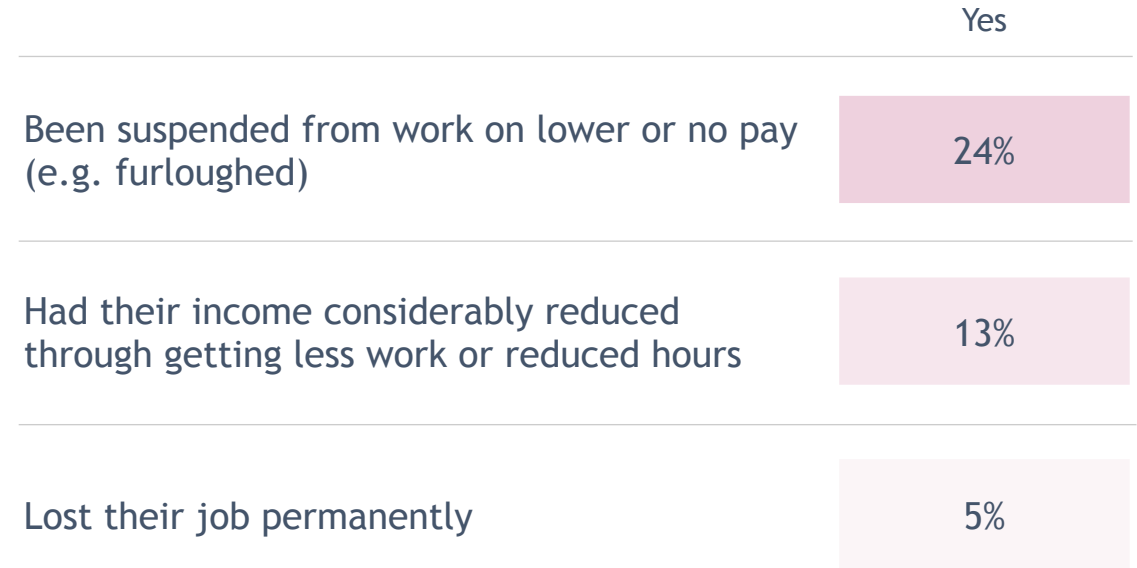
# What are we worried about?

Over the past week, how much have the following been worrying you?

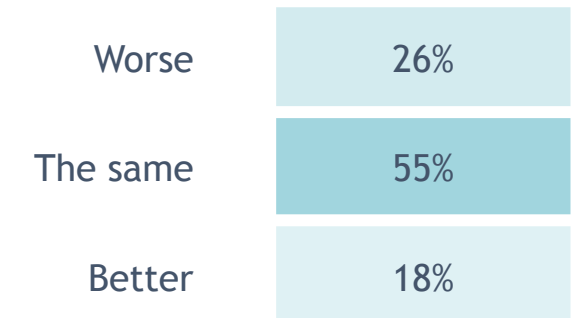
	Not at all	A little	A lot
Becoming seriously ill with coronavirus	41%	40%	20%
Losing someone you love to the virus	26%	30%	44%
The wellbeing of your children <sup>*#</sup> ~	23%	33%	43%
Your children's education <sup>*#</sup> ~	27%	28%	46%
Your marriage or relationship with a partner <sup>#</sup> ~	77%	11%	12%
Losing your job or not being able to find one <sup>#</sup> ~	65%	16%	18%
Work, even if your job is secure <sup>#</sup> ~	57%	22%	20%
Your finances	61%	21%	18%

\*Limited to those with children in the household; ~Unweighted data; #Excludes those responding 'not applicable'

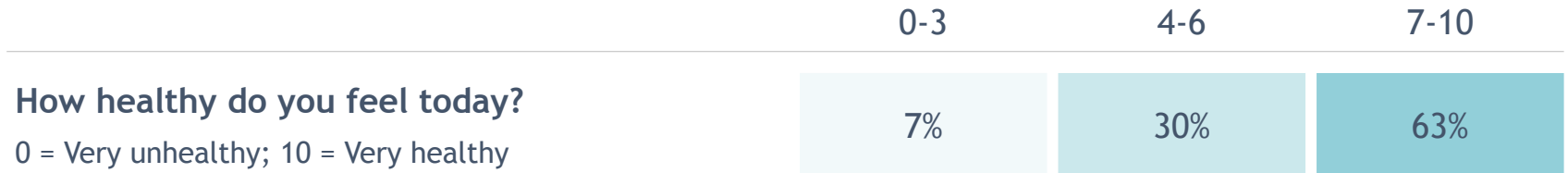
As a result of coronavirus, have you or anyone in your household...



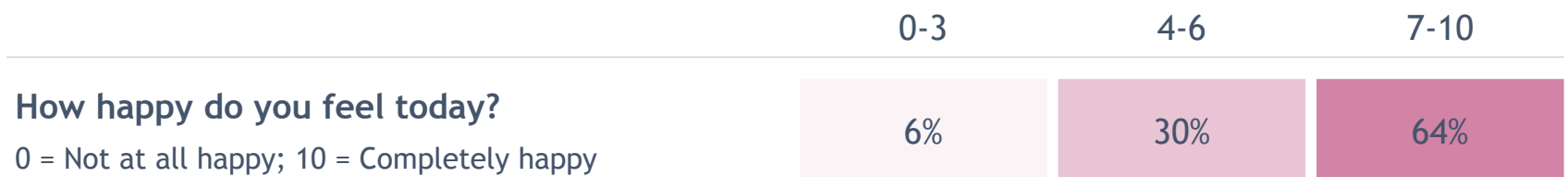
As a result of coronavirus restrictions, would you say your current financial situation is?



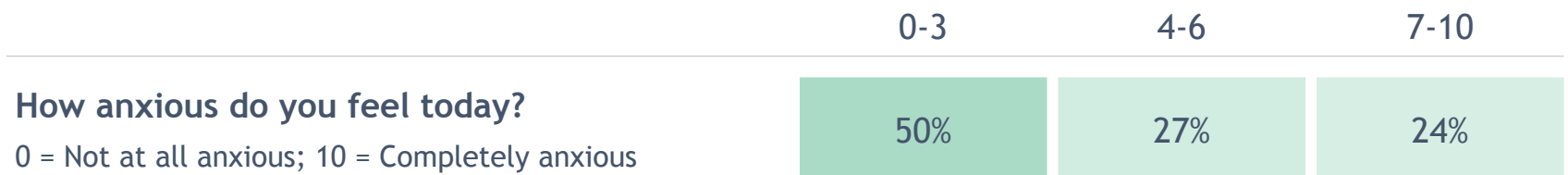
## Feeling healthy



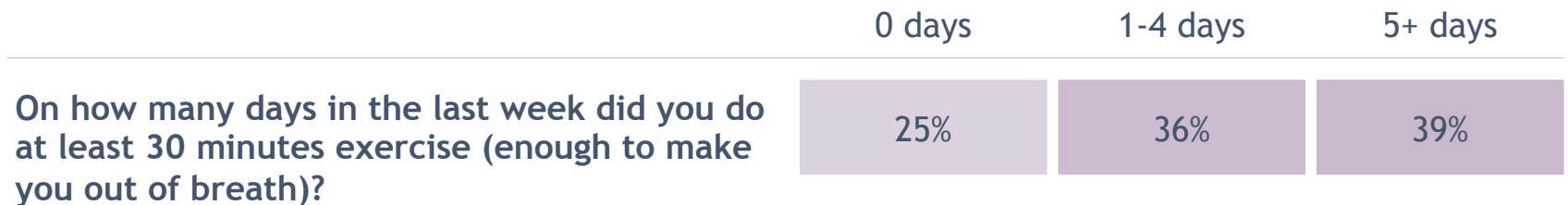
## Feeling happy



## Feeling anxious



## Exercise



In the last week, how often have you felt...

	Lonely	Isolated
Never	66%	56%
Occasionally	23%	28%
Often	7%	11%
Always	4%	4%

Over the past week, how much have the following been worrying you?

Your mental health and wellbeing

Not at all	49%
A little	29%
A lot	22%

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## Enquiries

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### Data and Analytics

Professor Karen Hughes

### Analytical support

Dr Freya Glendinning

### Survey Development

Professor Mark A Bellis

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## How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:  
**[phw.nhs.wales/howareyoudoing](https://phw.nhs.wales/howareyoudoing)**

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