

How are we doing in Wales?

Public Engagement Survey on Health and Wellbeing during Coronavirus Measures

Week 9 (1st to 7th June 2020) routine data and selected trend analyses

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The information collected from **500 or more randomly selected individuals** provides the basis of the results presented in each **weekly report**.

The survey aims to provide data representative of the Welsh population and data are adjusted to represent the Welsh population by age, sex and deprivation.

In some weeks, new questions are added and others removed, depending on emerging issues at that time.

A sample of individuals from each week's surveys are also followed up with a second call which explores some different aspects of the pandemic.

This week's report contains routine measures seen in previous reports alongside trends for selected variables over time. Figures on trends may differ slightly from those published in routine weekly reports due to additional modelling and data cleaning processes since publication.

We thank the people of Wales for giving us their valuable time to support this work.



Over 5,000 Welsh residents have participated in the survey to date. Analyses of trends covers data from weeks 2 to 9 for core questions and weeks 6 to 9 for questions related to the easing of restrictions. Data for week 1 are not included as this was a pilot week.

Analyses of trends show...

There has been no significant change over time in the proportion of people thinking they have had coronavirus (Page 18).

The proportion of people worrying about getting coronavirus themselves or losing someone they love to the virus is decreasing (Page 18).

The proportion of people who would prefer to stay in lockdown until there is no chance of catching the virus is reducing (Page 19).

Most people continue to think that the restrictions in place to manage coronavirus are ‘about right’ and the proportion thinking they are ‘too little’ has reduced (Page 19).

The proportion of people thinking that within the next three weeks shops, schools and restaurants should re-open and non-essential workers should return to work are all rising (Page 20).

The proportion of people worrying ‘a lot’ about their own mental health and wellbeing has reduced in recent weeks but the proportion always or often feeling isolated has remained at around one in five (Page 21).

611 Welsh residents aged 18 years and over were interviewed in week 9 of the survey (1st to 7th June).

15%

of people think they have had coronavirus and 9% are unsure.

52%

of people living in households with children are worrying ‘a lot’ about the wellbeing of their children.

37%

of people left their home every day in the last week, while 13% did not leave their home at all.

22%

of people think that schools should re-open within the next three weeks.

47%

of people did at least 30 minutes exercise on five or more days in the last week.

Males are more likely than females to support several restrictions being eased within the next three weeks, including shops re-opening; restaurants, pubs and bars re-opening; and major events like sports and concerts running (Page 8).

Do you think you have or have had coronavirus?

Yes	15%
Don't know	9%

How worried are you that you could get coronavirus?

Excludes those answering 'yes' to having had coronavirus

Not at all	21%
A little	37%
Moderately	29%
Very	14%

Has someone close to you like a family member or friend become seriously ill* with coronavirus?

Yes	9%
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*hospitalised or died

How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

Too little 17%



About right 74%



Too much 9%



I would prefer to stay in lockdown until there is no chance of catching coronavirus

Agree 47%



Disagree 36%

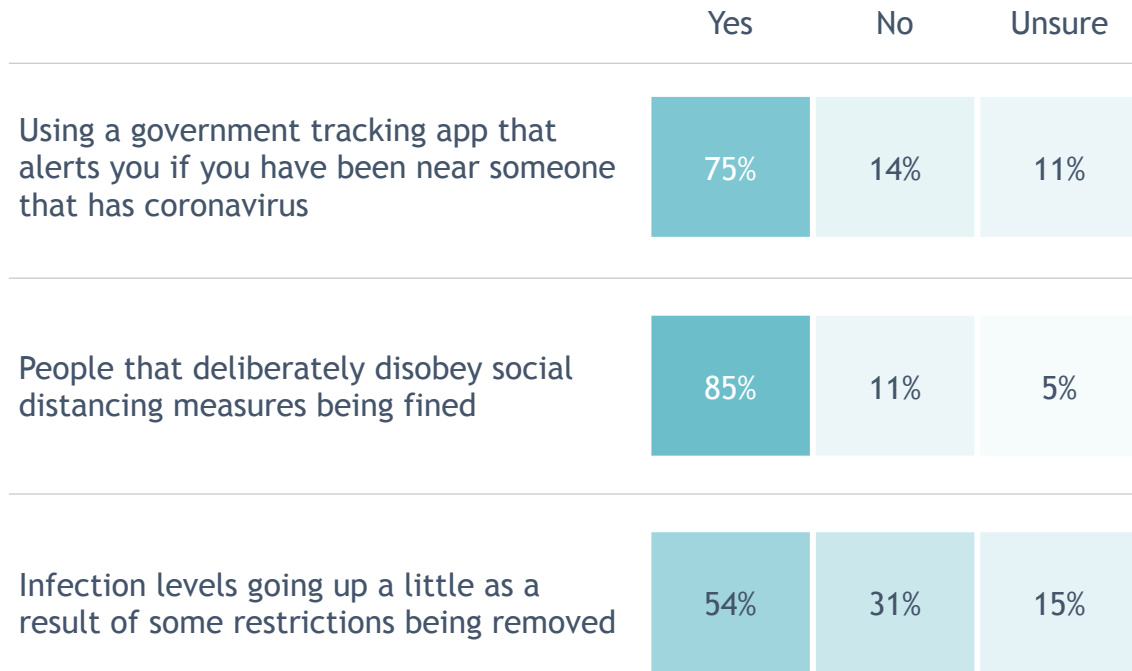


Undecided 17%



	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
I think that Welsh government is responding to the problems caused by coronavirus well	19%	55%	13%	11%	3%
I am confident that the NHS would be able to adequately care for me if I became seriously ill with coronavirus	39%	50%	5%	5%	1%
I trust the police to use their powers to restrict people's movement sensibly	18%	58%	10%	10%	5%

Which of the following do you find acceptable?



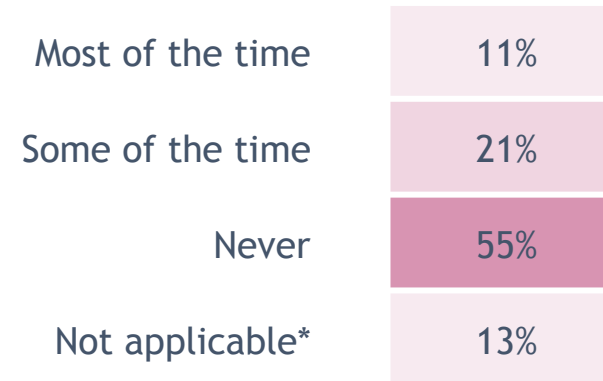
As the current restrictions are lifted, which measures do you think should be put in place to protect people?



When do you think the following changes should happen*?

	Within the next 3 weeks		In more than 3 weeks	
	Male	Female	Male	Female
Schools should re-open	24%	20%	76%	80%
Shops should re-open	64%	45%	36%	55%
Restaurants, pubs and bars should re-open	23%	13%	77%	87%
Places of worship should re-open	51%	41%	49%	59%
Non-essential workers should be able to return to work	66%	54%	34%	46%
People should be allowed to use public spaces like parks and beaches freely if social distancing is maintained	70%	61%	30%	39%
Major events like sports & concerts should be able to run	22%	5%	78%	95%
Social distancing should be ended	16%	8%	84%	92%

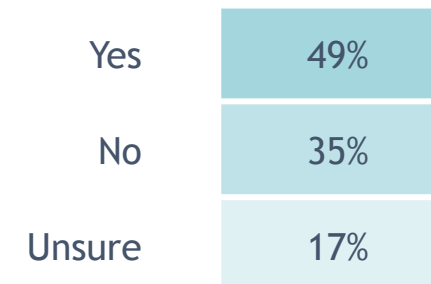
Currently, when you go out, do you wear a face mask...

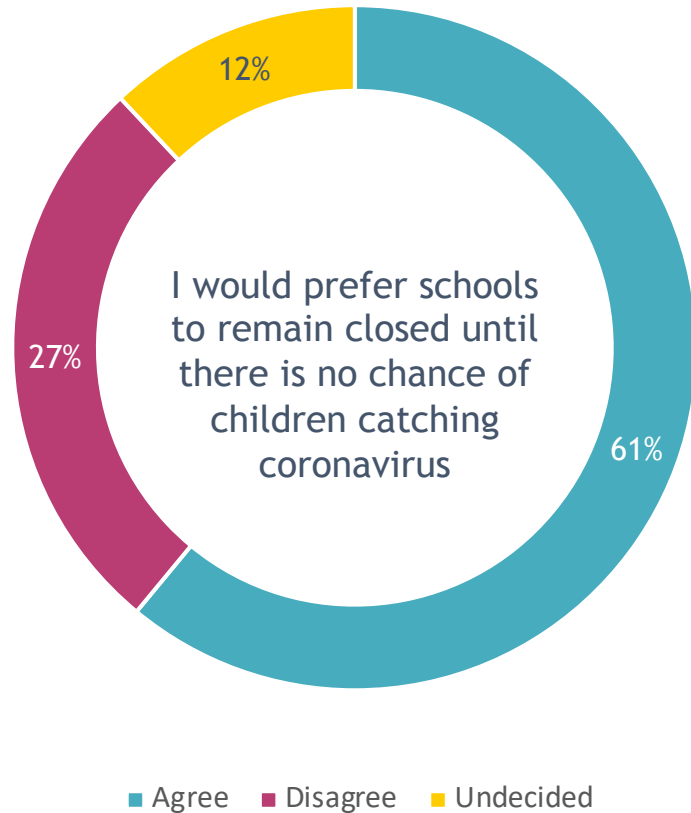


* do not go out

As the current restrictions are lifted, which measures do you think should be put in place to protect people?

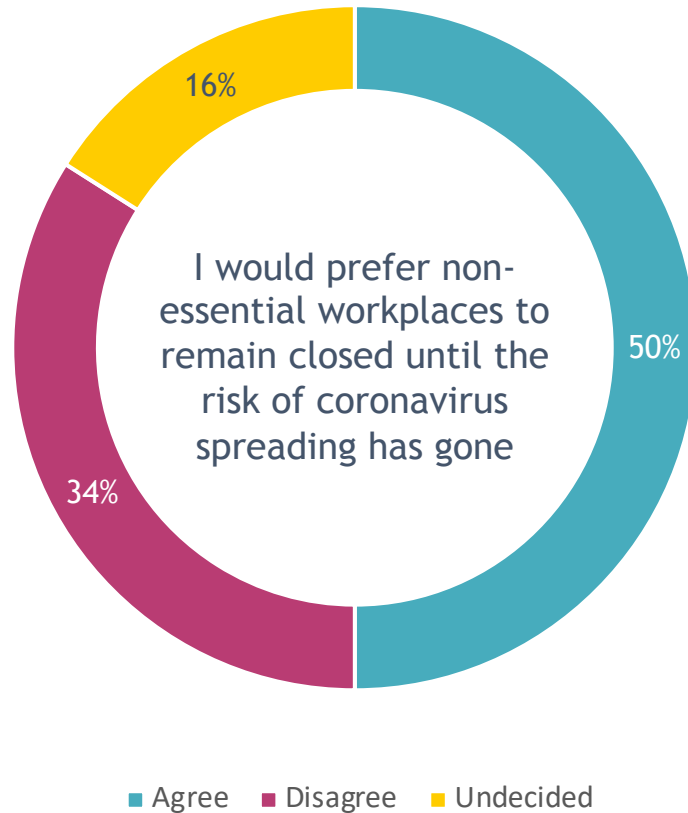
People should be made to wear face masks in public places





To make it safe for schools to re-open, which of these measures would you support?

	Yes	No	Unsure
Children having to wear face masks whilst at school	28%	57%	15%
Children having their temperature taken when they arrive at school	82%	12%	6%
Children going to school on fewer days to keep pupil numbers low	81%	13%	6%
Return to school being just for primary schools, at least for the first few weeks	46%	40%	14%

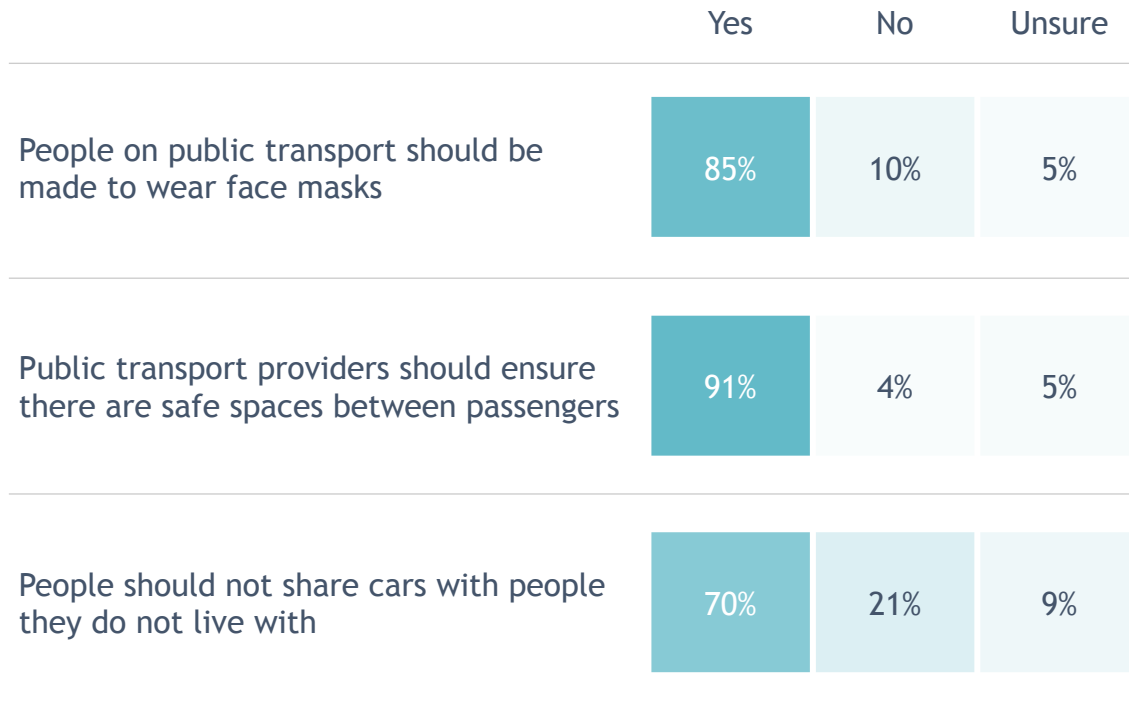


To make it safe for people to return to work, which of these measures would you support?

	Yes	No	Unsure
People having to wear face masks when working indoors in shared spaces	73%	15%	12%
Social distancing measures being required in all workplaces	92%	5%	3%
People being required to have their temperature taken at work	83%	10%	7%
Testing for the virus being easily available to anyone feeling unwell at work	98%	2%	1%
Altering people's hours of work to reduce the number of people working at any one time (e.g. working in shifts)	83%	8%	9%

As the current restrictions are lifted, which measures do you think should be put in place to protect people?

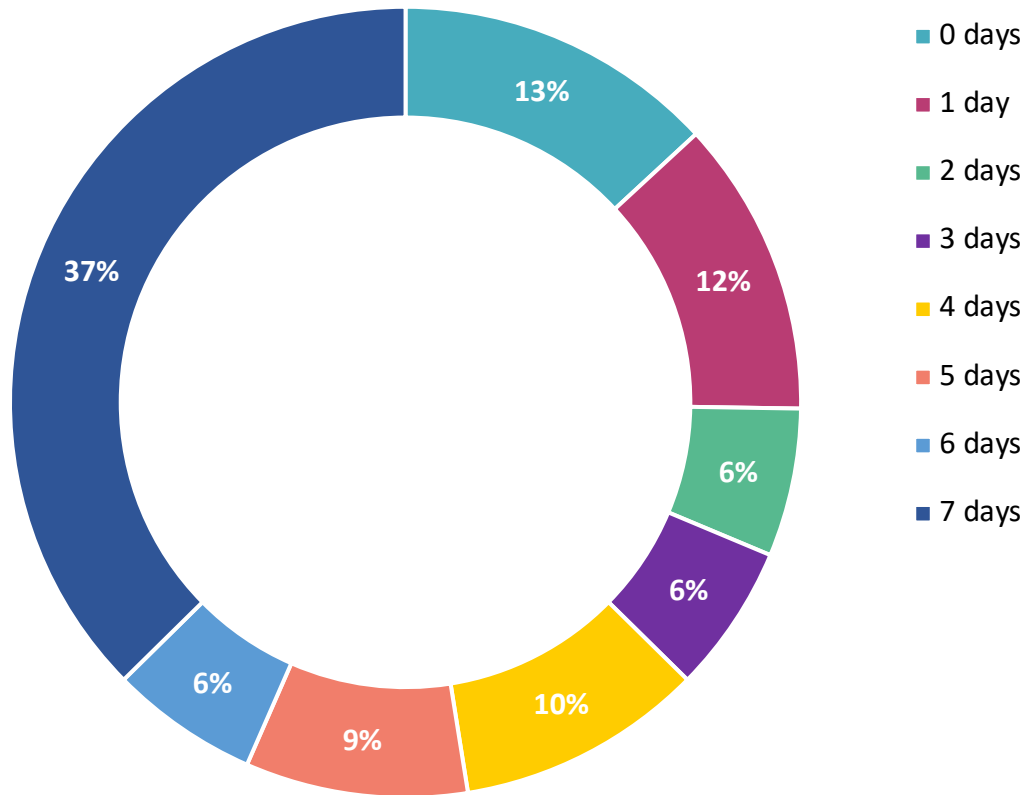
Public transport



Opening shops



In the past 7 days, on how many days have you left your home?



Are you currently self-isolating due to yourself or someone else in your household having symptoms or being in a high risk group?

Yes 31%

What are we worried about?

Over the past week, how much have the following been worrying you?

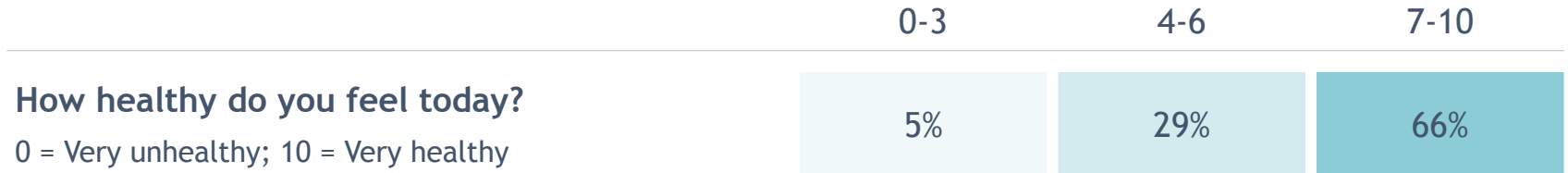
	Not at all	A little	A lot
Losing someone you love to the virus	20%	30%	50%
The wellbeing of your children*#~	18%	30%	52%
Your children's education*#~	20%	27%	53%
A health condition not related to coronavirus	59%	25%	15%
Losing your job or not being able to find one#~	66%	16%	18%
Work, even if your job is secure#~	56%	25%	19%
Your finances	64%	21%	15%

As a result of coronavirus, have you or anyone in your household...

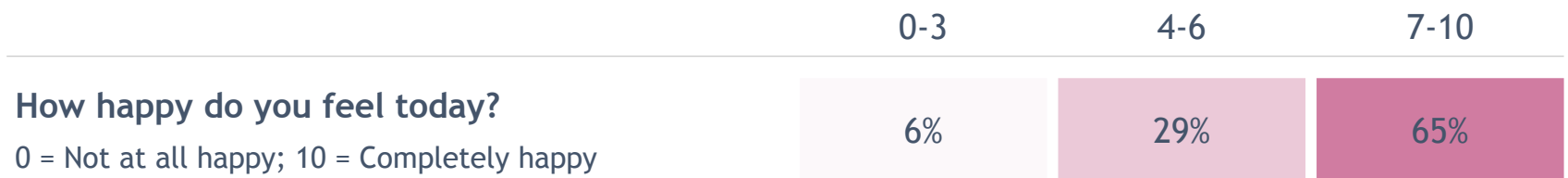
	Yes
Been suspended from work on lower or no pay (e.g. furloughed)	26%
Had their income considerably reduced through getting less work or reduced hours	16%
Experienced any other financial impact on the household due to coronavirus	7%

*limited to those with children in the household; ~Unweighted data; #Excludes those responding 'not applicable'

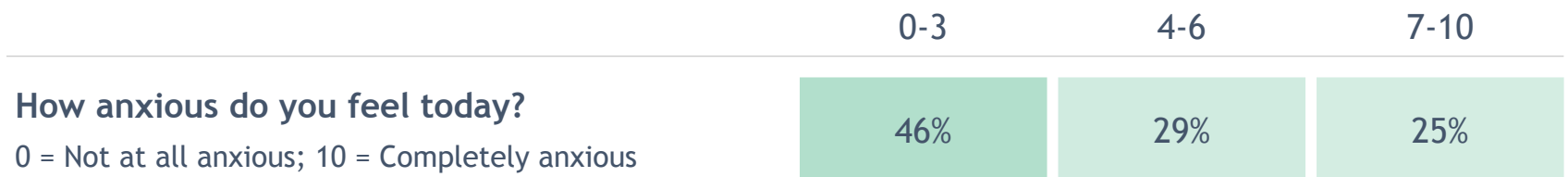
Feeling healthy



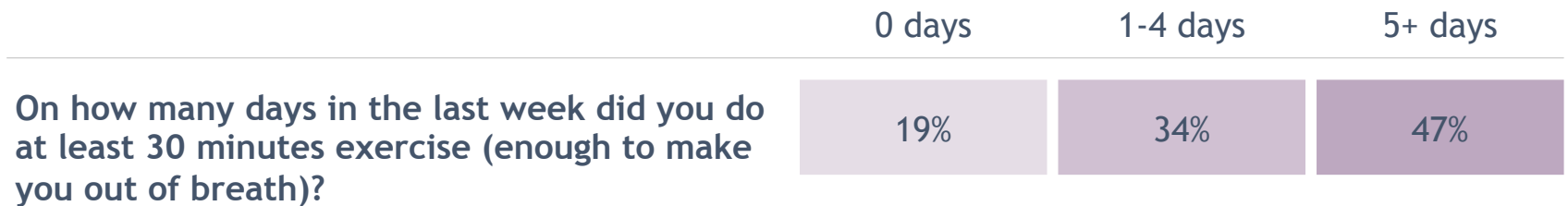
Feeling happy



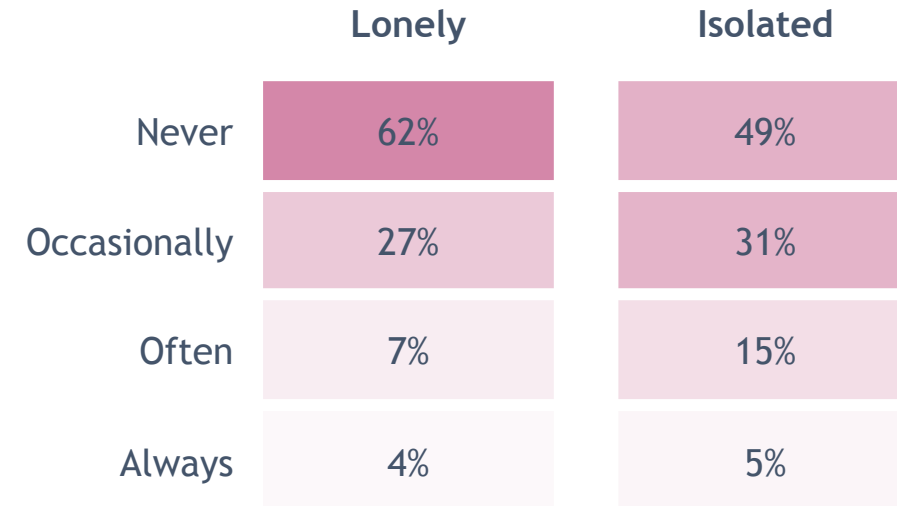
Feeling anxious



Exercise

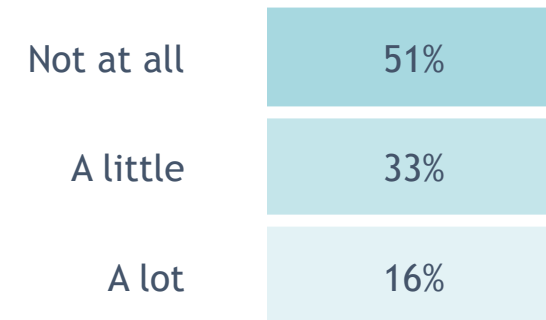


In the last week, how often have you felt...



Over the past week, how much have the following been worrying you?

Your mental health and wellbeing



So far, over 5,000 people have told us about how coronavirus and the restrictions are impacting them over nine weeks of surveying.

Trends analyses use data from survey weeks two to nine to show how responses have changed over time. Data for week one are not included as this was a pilot week. The dates for each included weekly survey are shown in the table.

A **generalized linear model** function was used to explore trends across weeks with data adjusted for age, gender and residential deprivation to reflect national demographics.

Questions on recovery (how coronavirus related restrictions may be eased over coming weeks and months) were added in week 6.

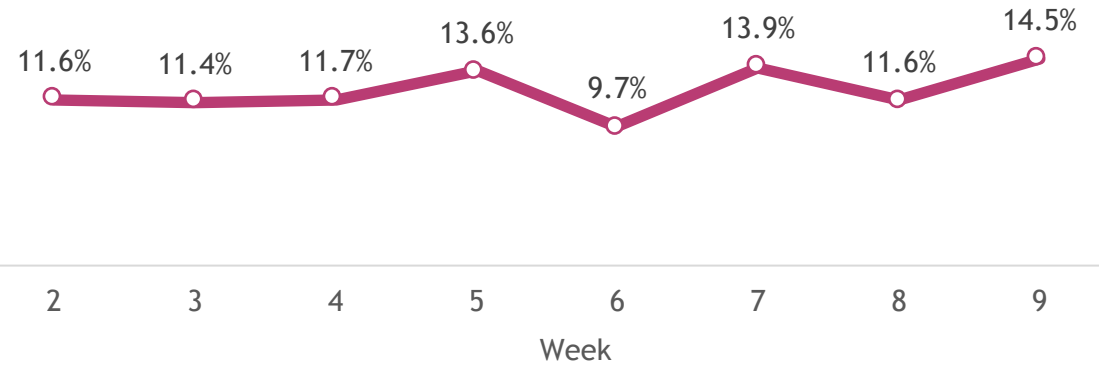
Figures may differ slightly from those in weekly reports due to additional modelling and data cleaning following initial publication.

Week	Date
2	13 th April - 19 th April
3	20 th April - 26 th April
4	27 th April - 3 rd May
5	4 th May - 10 th May
6	11 th May - 17 th may
7	18 th May - 24 th May
8	25 th May - 31 st May
9	1 st June - 7 th June

Do you think you have or have had coronavirus?

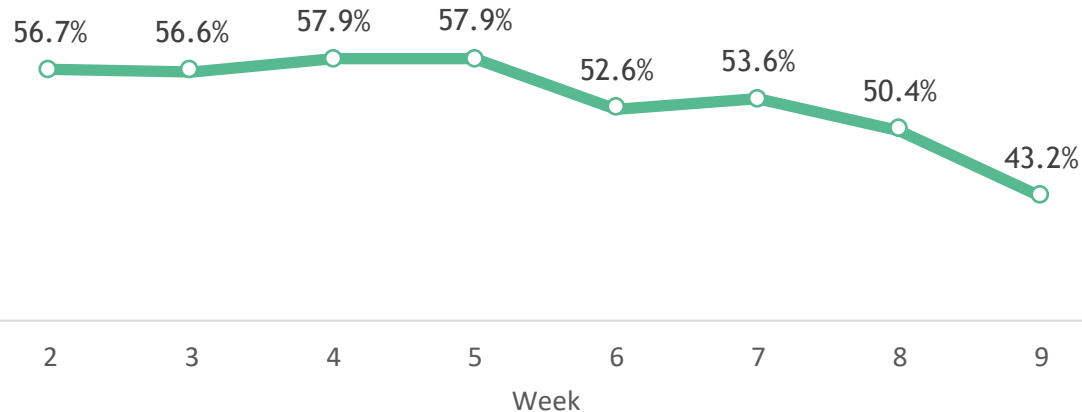
Adjusted proportion responding **yes**

Not a statistically significant trend



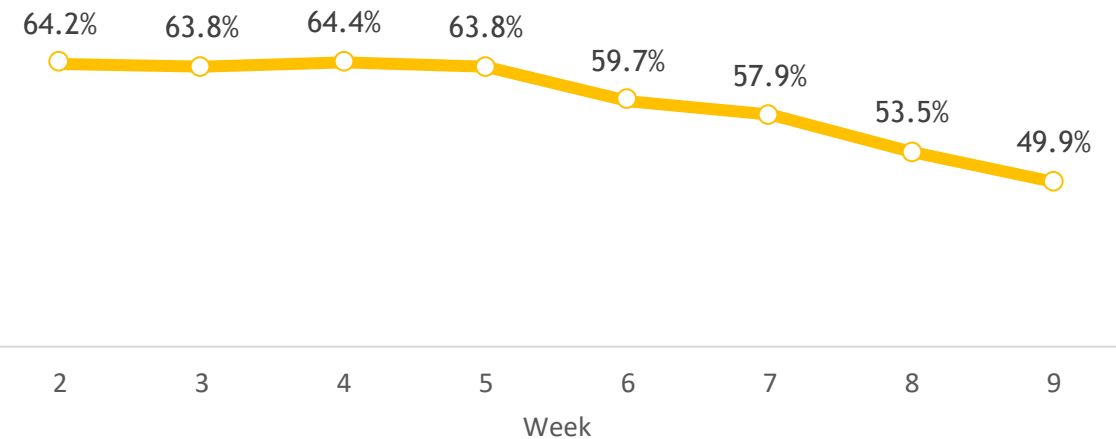
How worried are you that you could get coronavirus?

Adjusted proportion responding **moderately or very** $P < 0.001$



Over the past week, how much have you been worrying about losing someone you love to the virus?

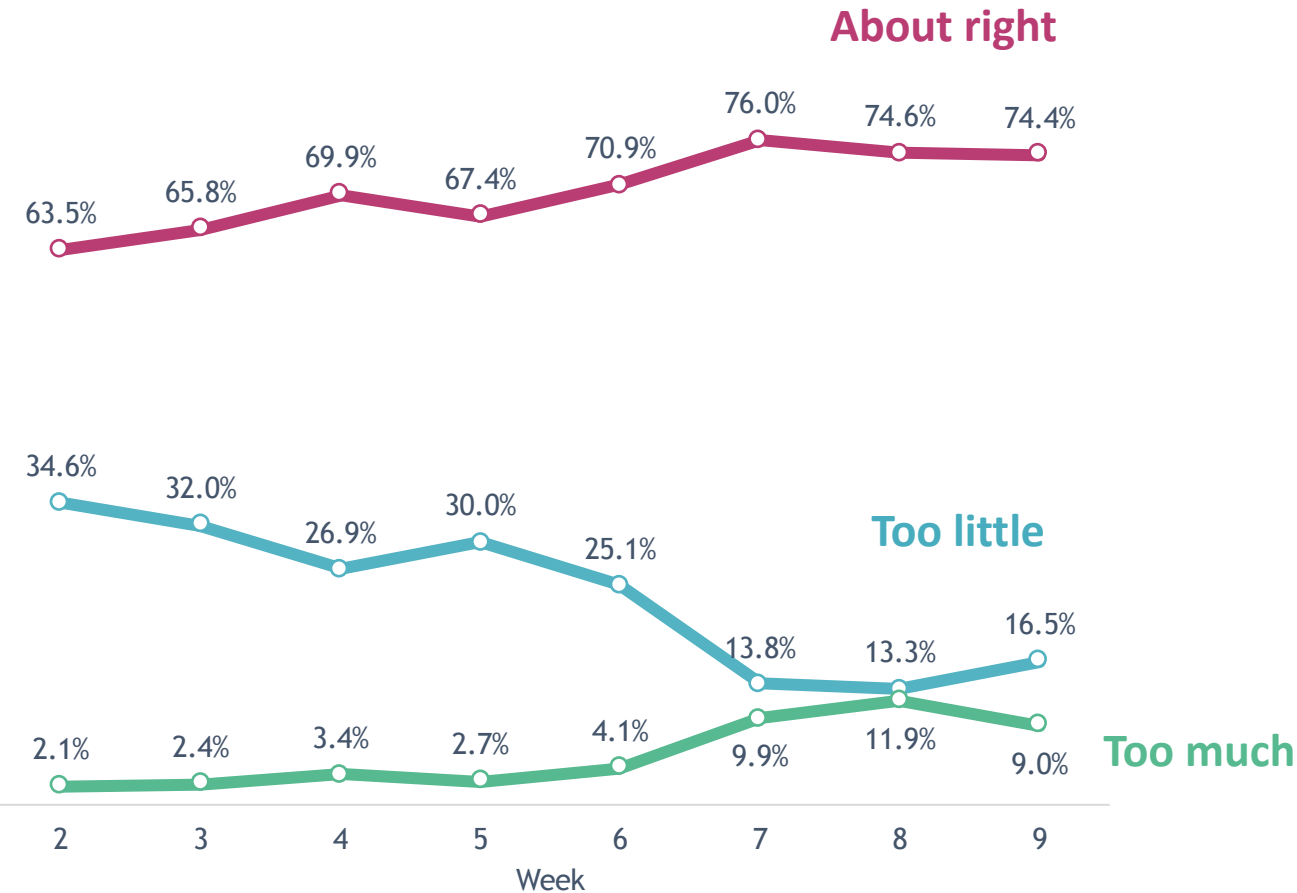
Adjusted proportion responding **a lot** $P < 0.001$



Trends - How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are too little, about right or too much?

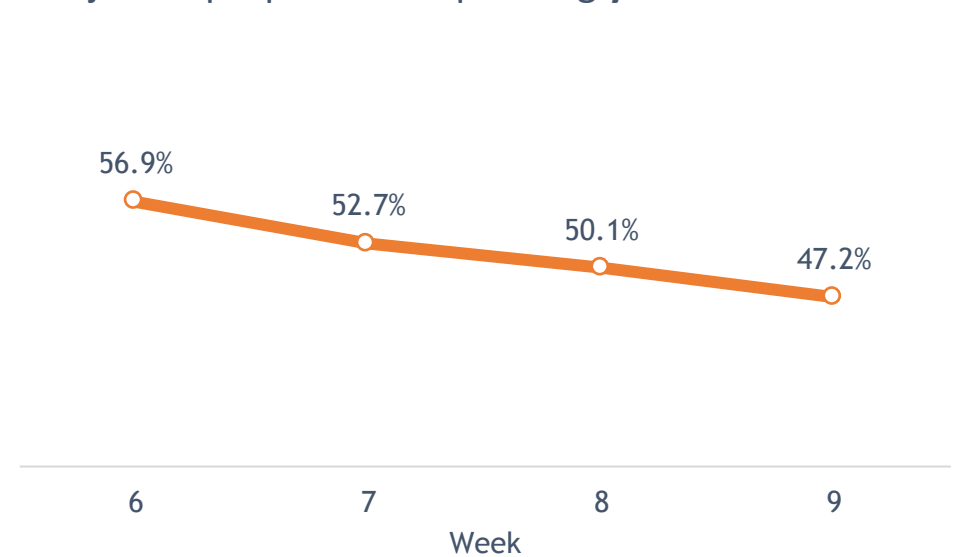
Adjusted proportion, P<0.001



I would prefer to stay in lockdown until there was no chance of catching coronavirus

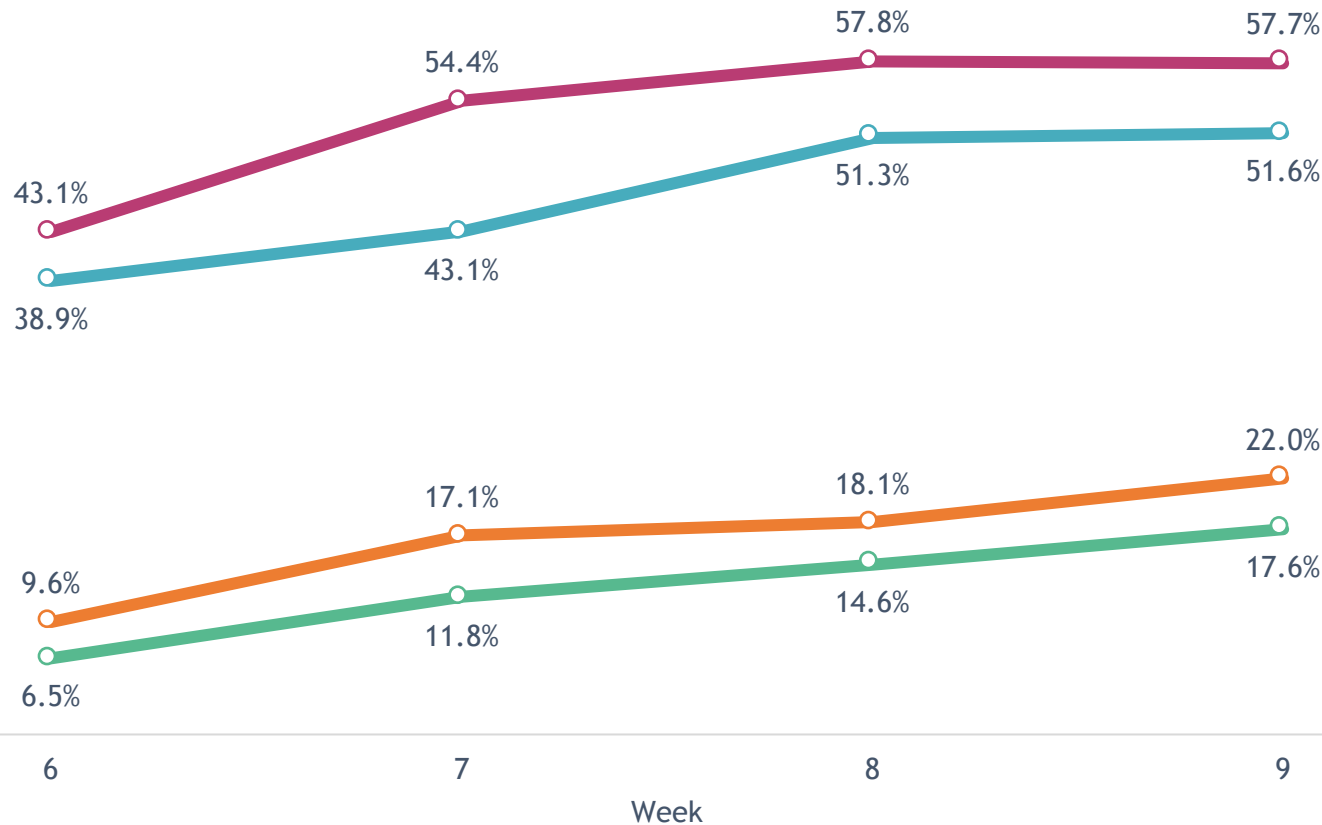
Adjusted proportion responding **yes**

P=0.007



When do you think the following changes should happen?

Adjusted proportion responding **within the next three weeks*** P<0.001



Non-essential workers should be able to return to work

Shops should re-open

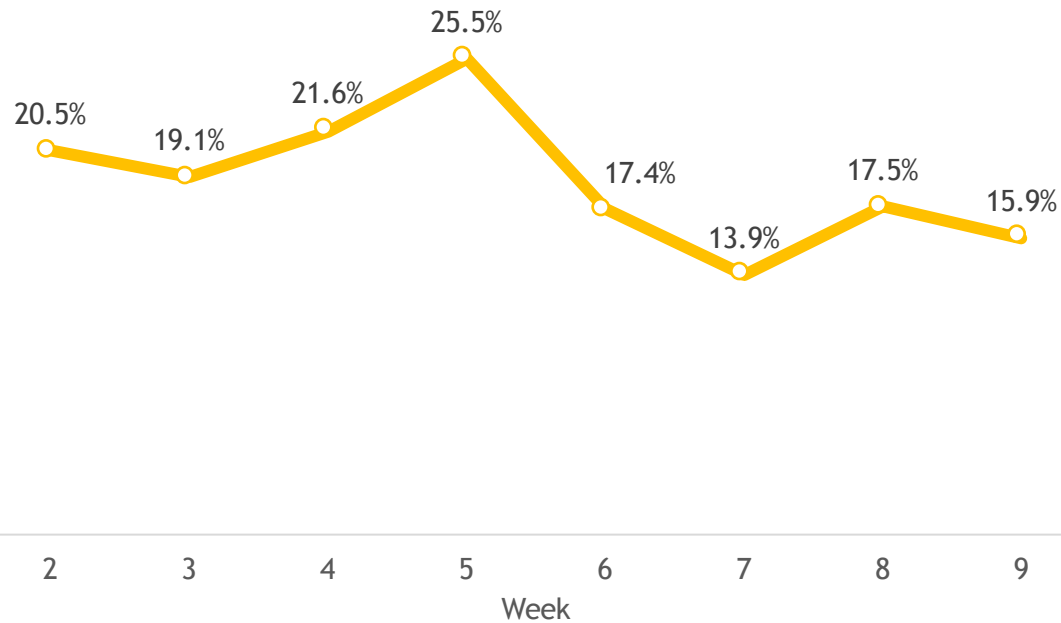
Schools should re-open

Restaurants, pubs and bars should re-open

* Responses of 'In the next week' or 'within 2-3 weeks'

Over the past week, how much have you been worrying about your own mental health and well-being?

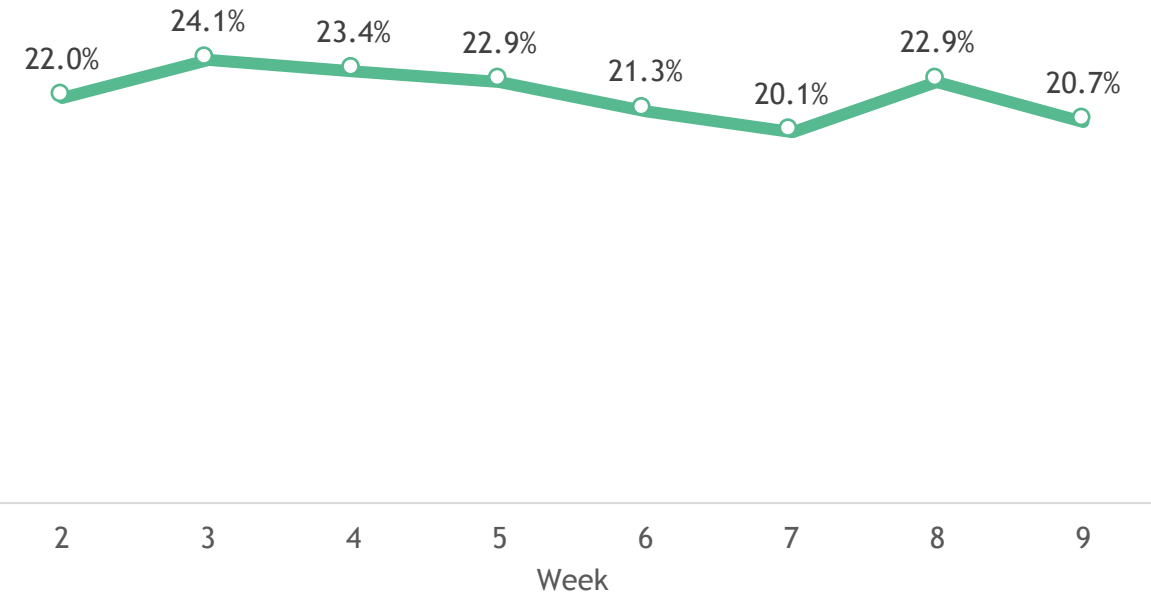
Adjusted proportion responding **a lot** P<0.001



In the last week, how often have you felt isolated?

Adjusted proportion responding **always or often**

Not a statistically significant trend



Enquiries

Data and Analytics

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Analytical support

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How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:
phw.nhs.wales/howareyoudoing

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generalenquiries@wales.nhs.uk

Tel

02920 227744

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