

How are we doing in Wales?

Public Engagement Survey on Health and Wellbeing during Coronavirus Measures

Week 29 (19th to 25th October 2020)

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The survey interviews approximately **600 randomly selected individuals** every other week. The information collected provides the basis of the results presented in these **bi-weekly reports**.

Survey data are adjusted to represent the Welsh population by age, sex and deprivation.

In each survey week, some questions are added and others are removed, depending on emerging issues. This week's report contains several new questions, including on the perceived impact of coronavirus on quality of life; car-sharing; and support for coronavirus restrictions.

We thank the people of Wales for giving us their valuable time to support this work.



602 Welsh residents aged 18 years and over were interviewed in week 29 of the survey (19th to 25th October).

42%

of people said they strongly support a national Welsh lockdown to control the spread of coronavirus (30% somewhat support, 28% do not support).

71%

of people think most responsibility for protecting them from the risk of coronavirus lies with them personally.

72%

of people said that, over the last 6 months, lockdown and other coronavirus restrictions have made their quality of life worse (2% made it better, 26% no impact).

58%

of people said they understand the restrictions in their area 'very well', up from 48% in week 27.

49%

of people have downloaded the NHS Track and Trace app. Common reasons for not having done so include not having a smartphone, not wanting to use it and not having got round to it.

26%

of people are concerned 'a lot' and 37% 'a little' about their mental health and wellbeing over the coming months as we head into winter.

75%

of people said they feel some level of frustration with the restrictions coming into place in Wales, while 61% feel a sense of community spirit.

19%

of people said they had been in a car with someone from outside their household* in the last 7 days; only half of these always wore a face covering while in a shared car.

64%

of people said they would want to be vaccinated against coronavirus if a vaccine became available. 33% think a vaccine will be available in six months.

Do you think you have or have had coronavirus?

Yes	13%
Don't know	4%

Have you been tested for coronavirus or had an antibodies test?

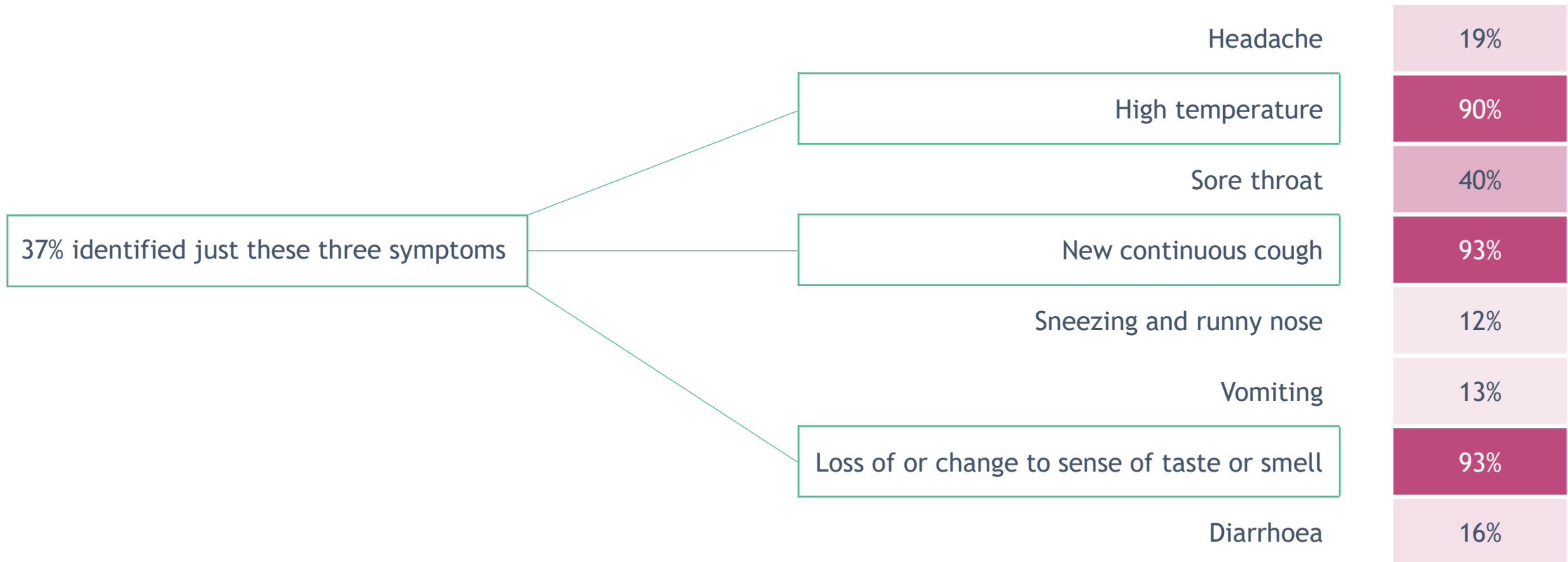
Had a coronavirus test	24%
Had an antibodies test	4%

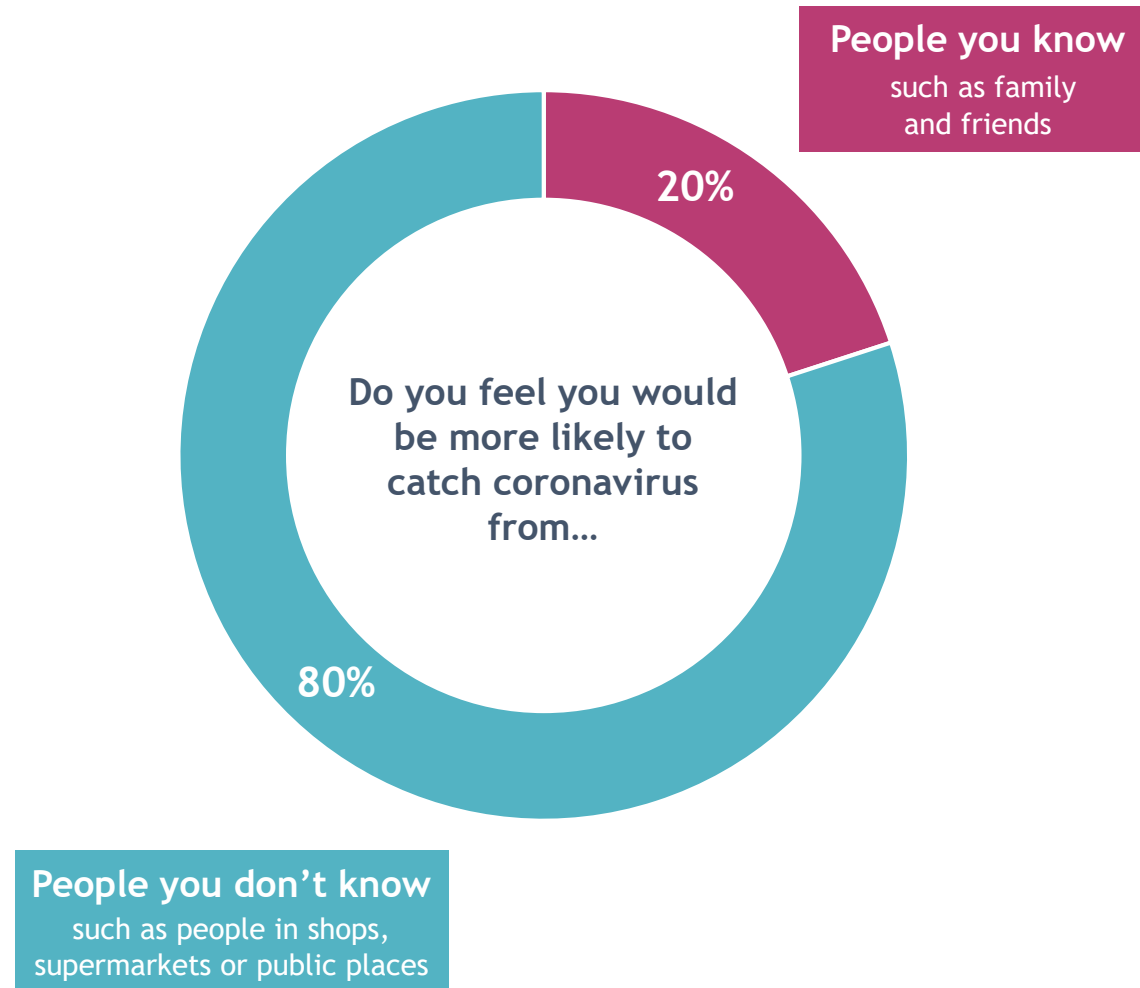
How worried are you that you could get coronavirus?

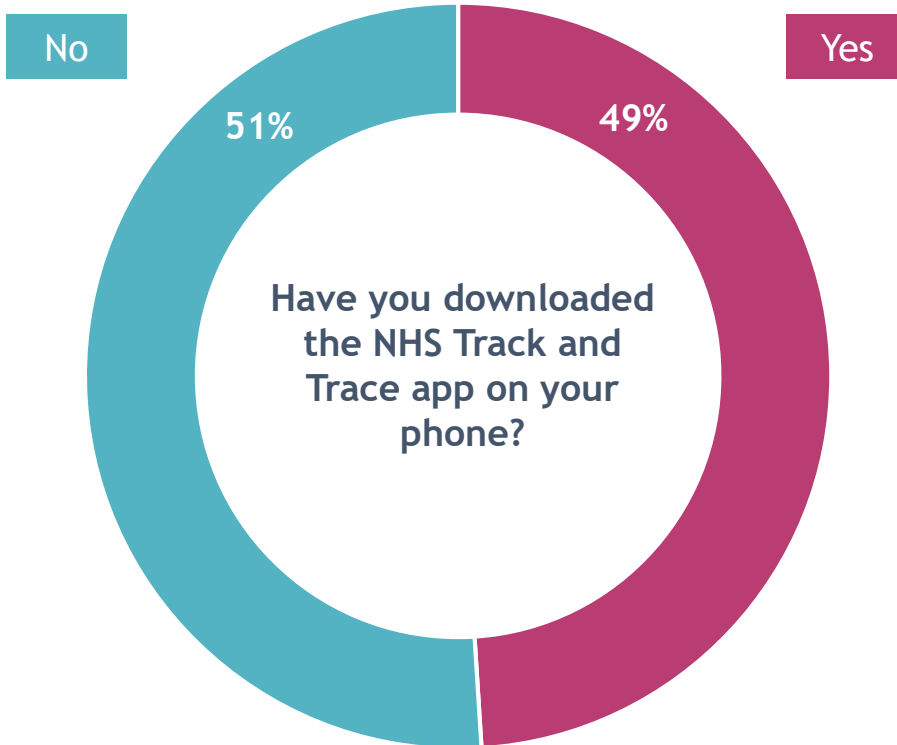
Includes all respondents

Not at all	25%
A little	31%
Moderately	30%
Very	14%

Which of the following symptoms do you think you need to have in order to ask for a coronavirus test?

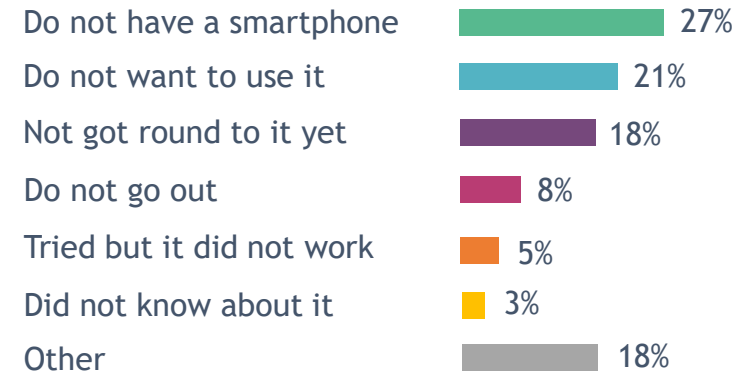






Of those responding ‘no’*:

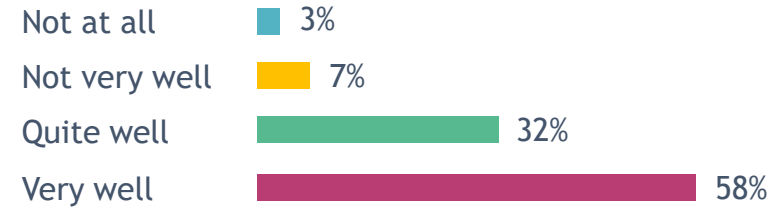
Reasons for not having downloaded the app



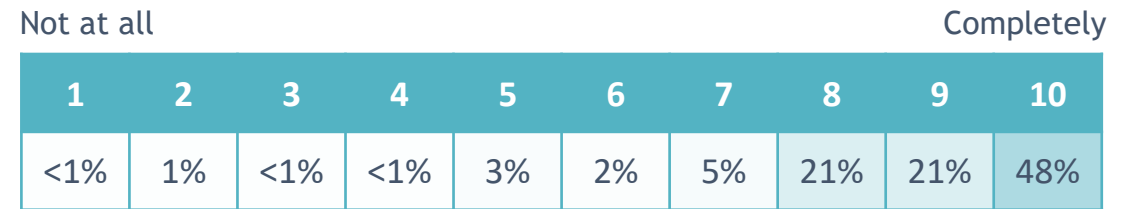
*Unweighted data.

Knowledge and compliance with restrictions

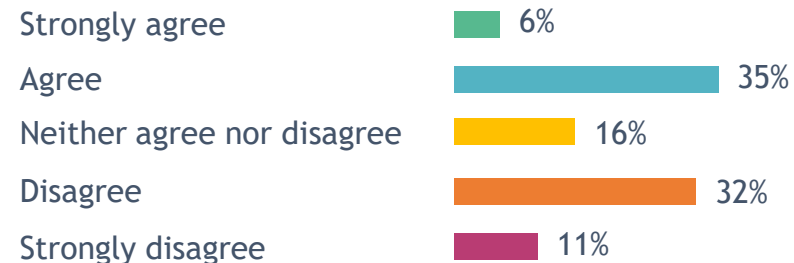
How well do you feel you understand the restrictions in your area for social distancing, including who you can meet with and where you can meet?

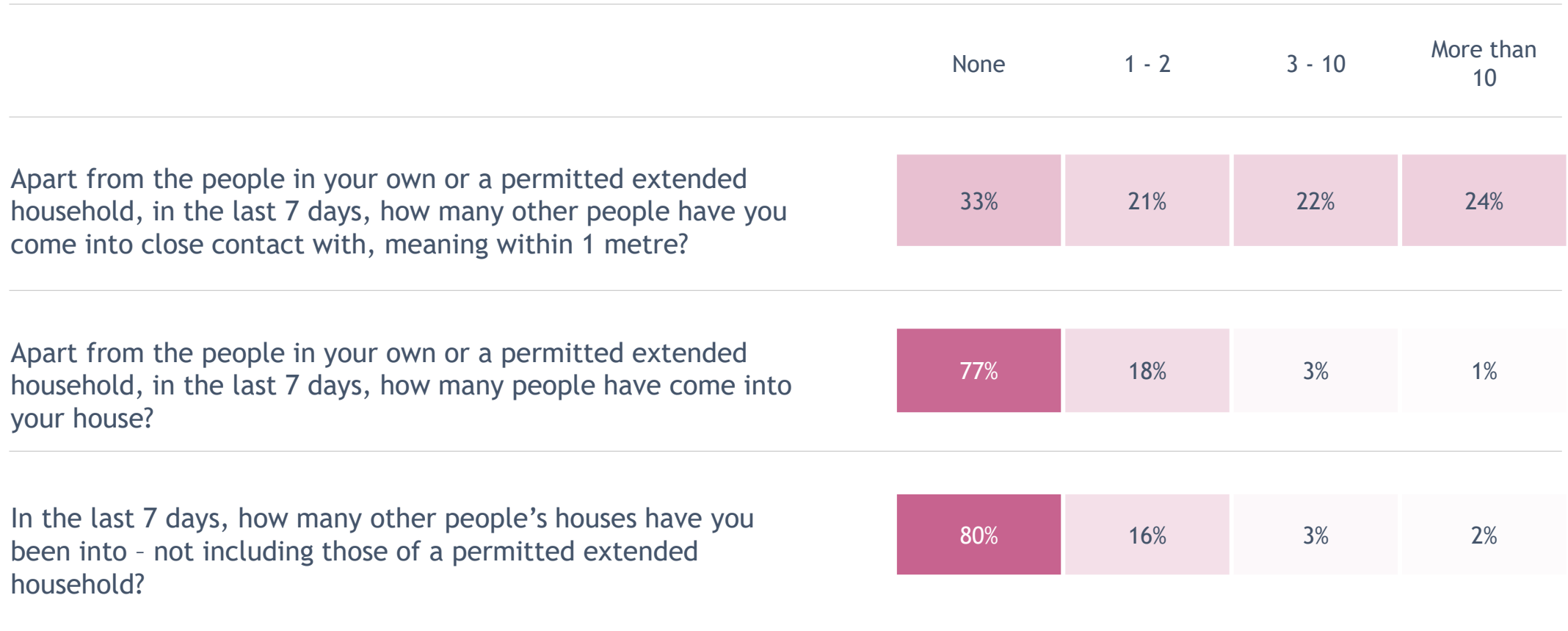


On a scale of 1 to 10 where 1 is *not at all* and 10 is *completely*, how much would you say you are following the restrictions?

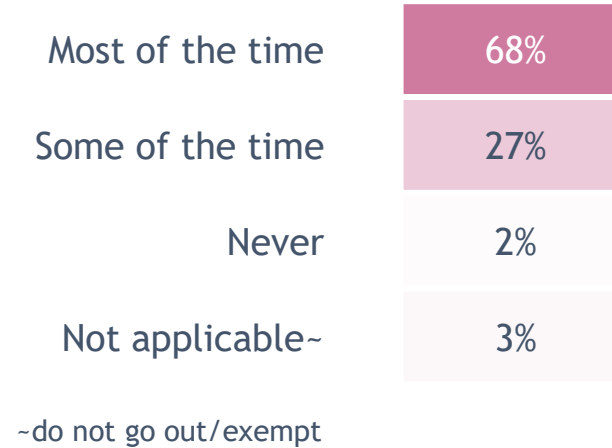


I think most people are following social distancing guidelines





Currently, when you go out, do you wear a face covering...

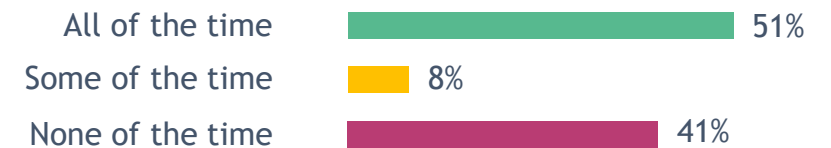


In the last 7 days, have you been in a car with a person from outside your household or extended household?



Of those responding 'yes'*

While you were in the car, did you wear a face covering...



*Unweighted data

If a vaccine became available that protected against coronavirus infection...

Would you personally want to be vaccinated?

Yes 64%



No 20%



Unsure 17%



For those with children in the household:*

Would you want your children to be vaccinated?

Yes 58%



No 17%

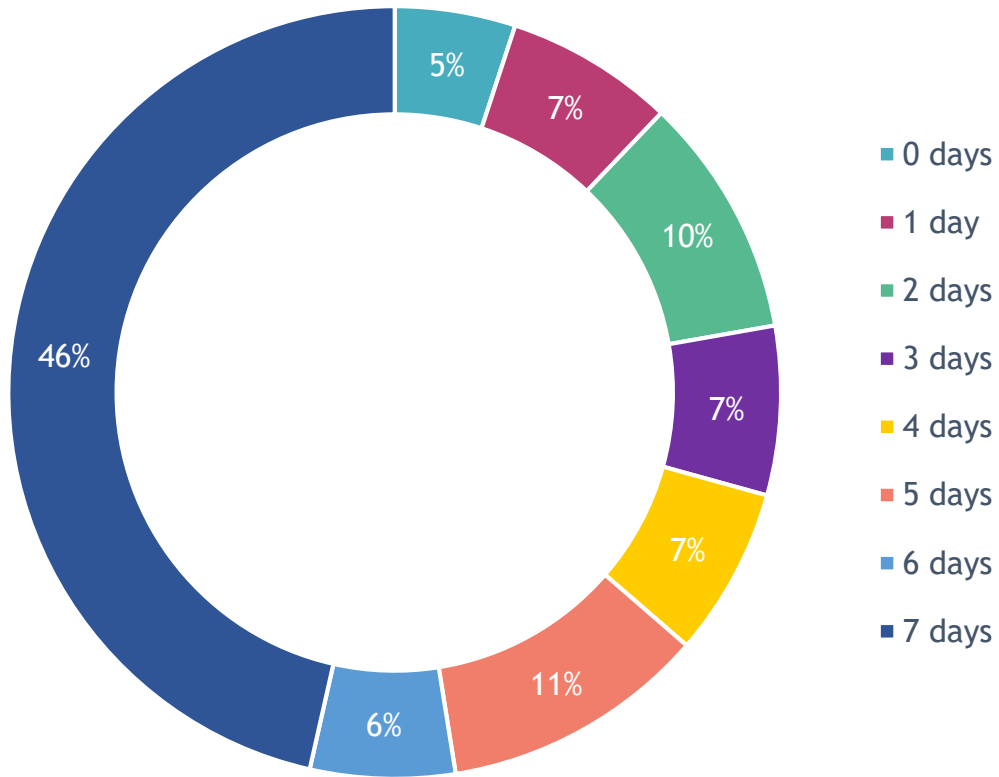


Unsure 25%



*Limited to those with children living in the household; excluding those responding 'not applicable'; unweighted data.

In the past 7 days, on how many days have you left your home or garden?



In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	51%	8%	13%	28%
...to shop	21%	57%	13%	10%
...for medical reasons	76%	23%	1%	<1%
...to exercise	41%	16%	10%	32%
...to meet family/friends	68%	24%	4%	5%
...to eat at a café, pub or restaurant	81%	17%	2%	1%
...for a drink in a pub or bar	90%	8%	1%	<1%

How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

Too little 15%



About right 68%



Too much 17%



	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
I think that Welsh government is responding to the problems caused by coronavirus well	19%	44%	15%	17%	5%
I am confident that the NHS would be able to adequately care for me if I became seriously ill with coronavirus	28%	47%	12%	9%	3%
I trust the police to use their powers to restrict people's movement sensibly	16%	49%	14%	16%	6%

Which of the following do you find acceptable?

	Yes	No	Unsure
Infection levels going up a little as a result of some restrictions being removed	49%	36%	15%
People being made to wear face coverings in public places such as shops	90%	6%	3%
Local lockdowns being imposed to control the spread of coronavirus in areas with increasing cases	83%	12%	5%

How much do you support the following to control the spread of the virus?*

	Strongly support	Somewhat support	Do not support
Pubs, bars and restaurants being temporarily closed	51%	29%	20%
Non-essential shops being temporarily closed	40%	32%	28%
Schools being temporarily closed	26%	30%	45%
A full Welsh lockdown being imposed	42%	30%	28%

How much would you support...

A full UK-wide lockdown being imposed?	46%	30%	25%
..the statement: “I would prefer fewer restrictions, even if infections continue to rise”?	14%	21%	65%

*Details of the national ‘firebreak’ were announced on 19th October and the new restrictions came into force at 6pm on 23rd October.

When you think about the restrictions coming into place across Wales, how strongly, if at all, do you feel each of the following?

	Not at all	A little	A lot
Fear or anxiety	52%	33%	16%
A sense of community spirit	39%	37%	24%
Frustration	25%	37%	37%
Anger	52%	28%	20%
A sense of relief	60%	31%	9%
A sense of hopelessness	56%	29%	16%

Responsibility for risk of coronavirus

How responsible do you think the following should be for protecting you from the risk of coronavirus?

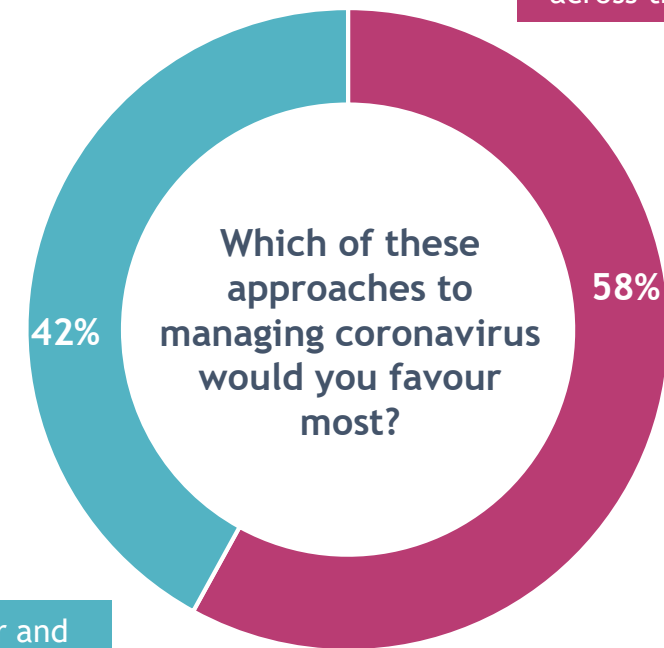
	Not at all responsible	Somewhat responsible	Very responsible
UK government	13%	35%	51%
Welsh government	11%	36%	53%
Local authorities	14%	49%	37%
The NHS	38%	31%	30%
Police	31%	44%	25%
You personally	3%	14%	83%

And which do you think has the most responsibility for protecting you from the risk of coronavirus?

	Most responsible
UK government	16%
Welsh government	9%
Local authorities	1%
The NHS	3%
Police	1%
You personally	71%

In six months' time, do you think....

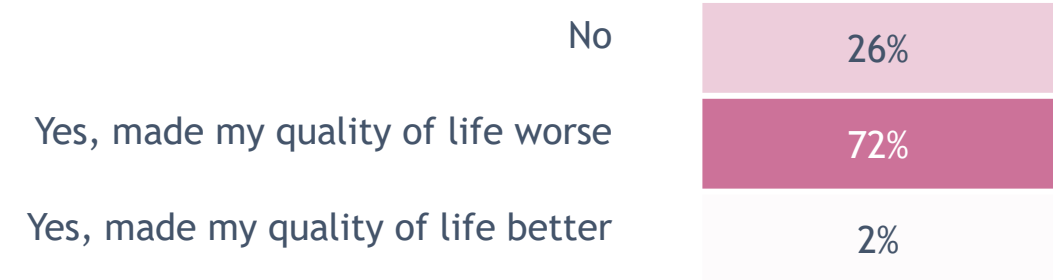
	Yes	No	Unsure
We will have a vaccine that protects most people from coronavirus	33%	43%	24%
We will still be having local lockdowns	70%	11%	19%
We will be in a national lockdown	33%	43%	24%
We will have learned to live with people being infected in our communities	75%	12%	13%



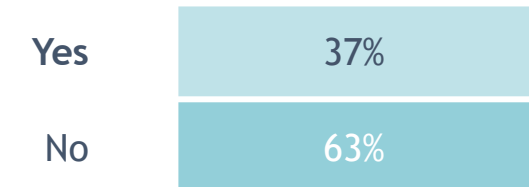
Having restrictions that apply to all people to try and reduce coronavirus across the population

Protecting older and vulnerable people from coronavirus while letting other people return to normal life

In general, over the last 6 months, have lockdown and other coronavirus restrictions affected your quality of life?



In general, over the last 6 months, has worrying about catching coronavirus made your quality of life worse?



What are we worried about?

Over the past week, how much have the following been worrying you?

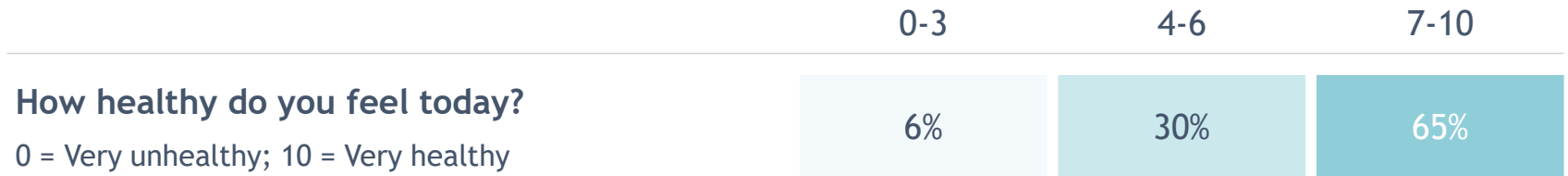
	Not at all	A little	A lot
Becoming seriously ill with coronavirus	40%	41%	18%
Losing someone you love to the virus	21%	32%	47%
The wellbeing of your children**~	17%	24%	59%
Your children's education**~	13%	29%	58%
Losing your job or not being able to find one#~	58%	17%	24%
Work, even if your job is secure#~	52%	23%	24%
Your finances	57%	21%	23%
Going out in public places#	41%	39%	20%

*Limited to those with children in the household; ~Unweighted data; #Excludes those responding 'not applicable'

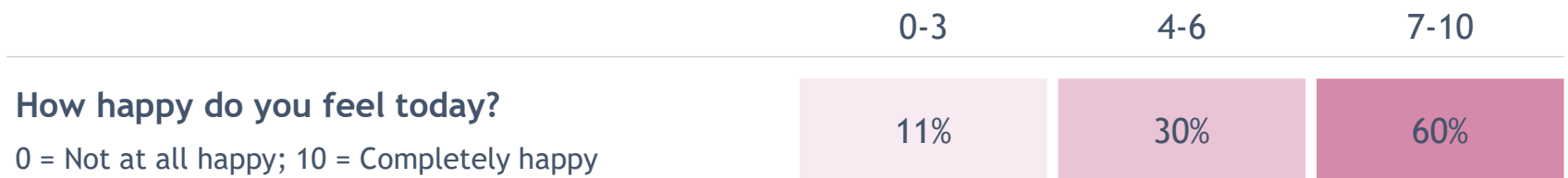
Thinking about the next few months as we head into winter, how concerned are you about the impact of coronavirus restrictions on the following...?

	Not at all	A little	A lot
Your ability to keep in touch with family and friends	29%	30%	41%
Your ability to meet your basic needs (e.g. getting food, heating your home)	59%	26%	15%
Your mental health and wellbeing	37%	37%	26%
Your physical health	47%	35%	18%
Feeling lonely or socially isolated	49%	32%	19%
Your finances	59%	22%	19%

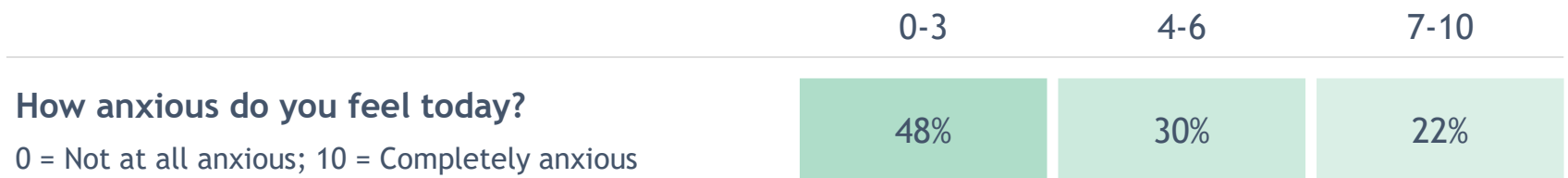
Feeling healthy



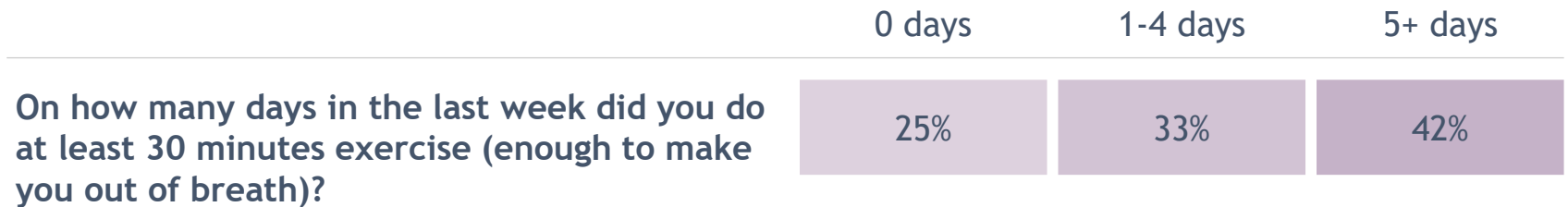
Feeling happy



Feeling anxious



Exercise



In the last week, how often have you felt...

	Lonely	Isolated
Never	62%	54%
Occasionally	26%	29%
Often	9%	12%
Always	4%	5%

Over the past week, how much has the following been worrying you?

Your mental health and wellbeing

Not at all	38%
A little	36%
A lot	25%

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Enquiries

Data and Analytics

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Analytical support

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Survey Development

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How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:
phw.nhs.wales/howareyoudoing

Email

generalenquiries@wales.nhs.uk

Tel

02920 227744

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