

How are we doing in Wales?

Public Engagement Survey on Health and Wellbeing during Coronavirus Measures

Week 33 (16th to 22nd November 2020)

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The survey interviews approximately **600 randomly selected individuals** every other week. The information collected provides the basis of the results presented in these **bi-weekly reports**.

Survey data are adjusted to represent the Welsh population by age, sex and deprivation.

In each survey week, some questions are added and others are removed, depending on emerging issues. This week's report contains findings from routine questions used in previous survey weeks and some new questions, including on perceived priority groups for vaccination against coronavirus.

We thank the people of Wales for giving us their valuable time to support this work.



601 Welsh residents aged 18 years and over were interviewed in week 33 of the survey (16th to 22nd November).

69%

of people think that in six months' time, we will have a vaccine that protects most people from coronavirus; an increase from 38% in the last survey week (2nd-8th November).

66%

of people said their quality of life had been made worse in the last six months by lockdown and other coronavirus restrictions; and 48% that it had been made worse by worrying about catching coronavirus.

70%

of people said they would want to be vaccinated against coronavirus if a vaccine became available. Of those with children in the household, 60% said they would want their children to be vaccinated.

75%

of people said they were more worried about catching coronavirus than about having further restrictions imposed on them.

83%

of people thought NHS staff should be prioritised to receive a coronavirus vaccination first.* The next most commonly selected groups for prioritisation were adults with underlying health conditions (40%) and adults aged 70 and over (31%).

60%

of people are concerned about the impact of coronavirus restrictions on their mental health and wellbeing over the next few months (37% a little concerned, 23% a lot concerned).

*participants were asked which two groups from a list of seven they thought should be prioritised to receive a vaccination first.

Do you think you have or have had coronavirus?

Yes	13%
Don't know	4%

Have you been tested for coronavirus or had an antibodies test?

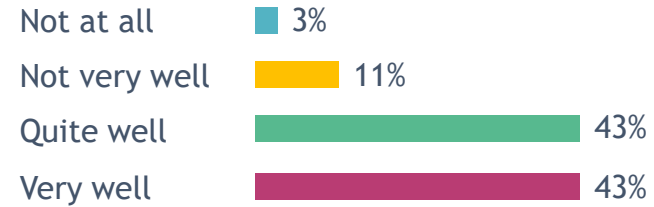
Had a coronavirus test	22%
Had an antibodies test	4%

How worried are you that you could get coronavirus?

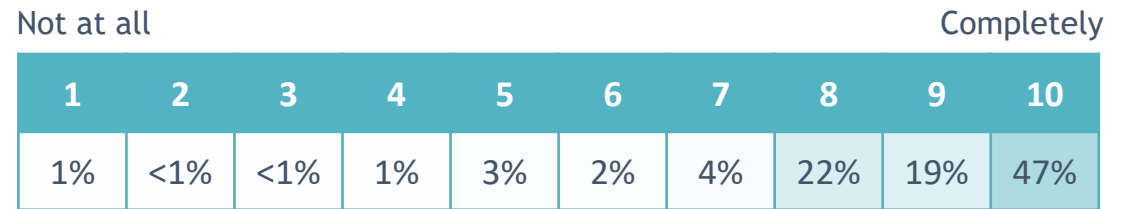
Includes all respondents

Not at all	19%
A little	24%
Moderately	35%
Very	22%

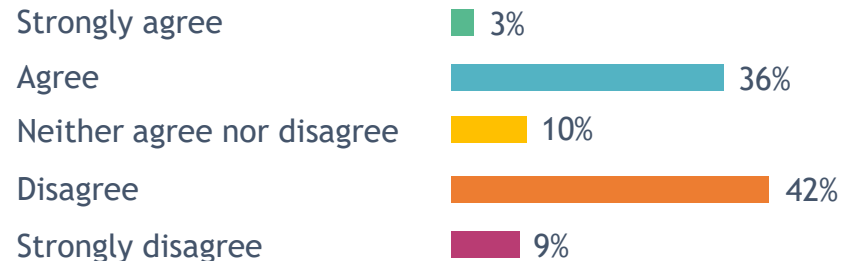
How well do you feel you understand the current restrictions in place in Wales to reduce the spread of coronavirus?



On a scale of 1 to 10 where 1 is *not at all* and 10 is *completely*, how much would you say you are following the restrictions?

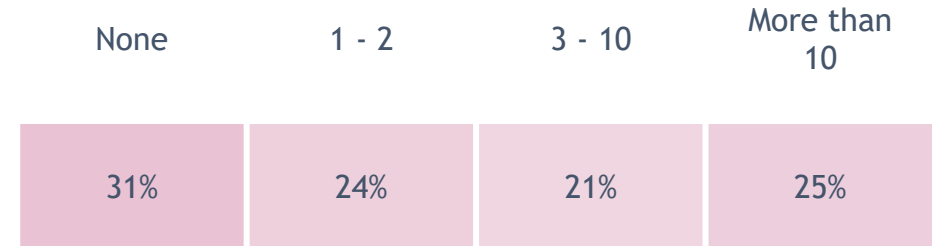


I think most people are following social distancing guidelines



Social distancing and face coverings

Apart from the people in your own or a permitted extended household, in the last 7 days, how many other people have you come into close contact with, meaning within 1 metre?



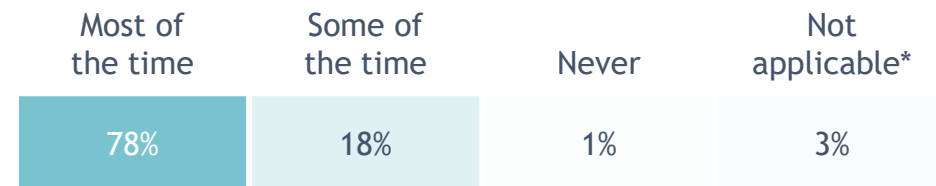
Apart from the people in your own or a permitted extended household, in the last 7 days, how many people have come into your house?



In the last 7 days, how many other people's houses have you been into - not including those of a permitted extended household?



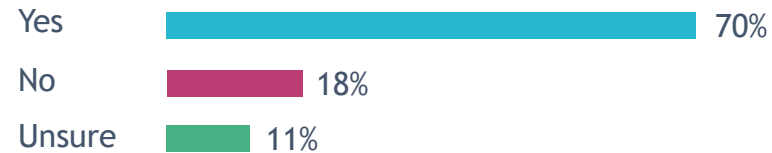
Currently, when you go out, do you wear a face covering...



*do not go out/exempt

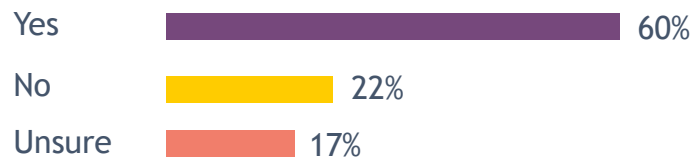
If a vaccine became available that protected against coronavirus infection...

Would you personally want to be vaccinated?



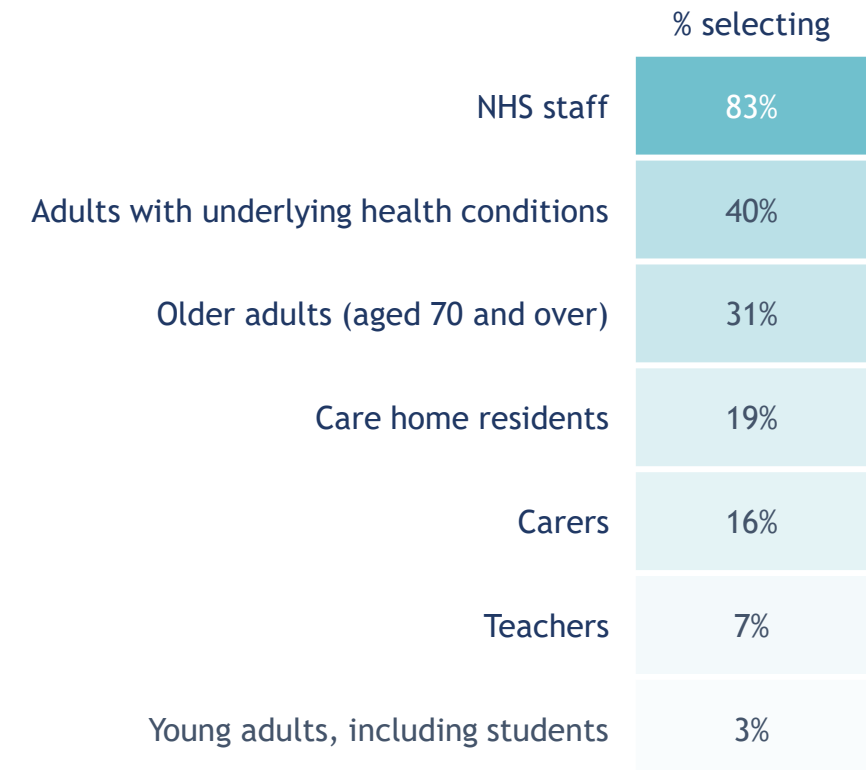
For those with children in the household:*

Would you want your children to be vaccinated?

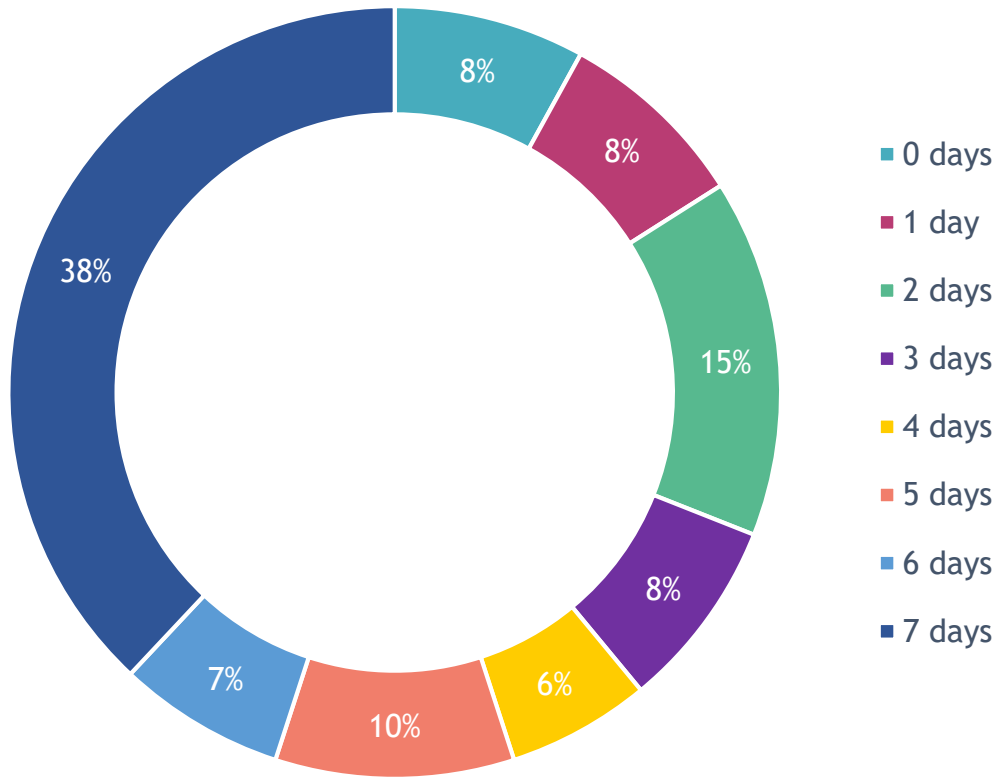


*Limited to those with children living in the household; excluding those responding 'not applicable'; unweighted data.

Of the following groups, which two do you think should be prioritised to receive a coronavirus vaccination first...?



In the past 7 days, on how many days have you left your home or garden?



In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	58%	6%	7%	30%
...to shop	22%	57%	14%	7%
...for medical reasons	78%	21%	1%	0%
...to exercise	48%	14%	11%	28%
...to meet family/friends	59%	32%	4%	5%
...to eat at a café, pub or restaurant	85%	14%	1%	<1%
...for a drink in a pub or bar	92%	7%	1%	0%

How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

Too little 21%



About right 70%



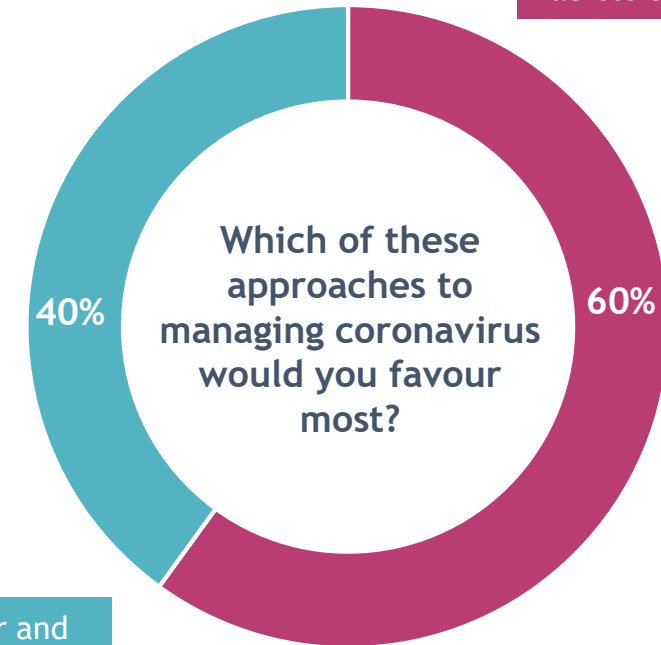
Too much 9%



	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
I think that Welsh Government is responding to the problems caused by coronavirus well	18%	50%	16%	13%	4%
I am confident that the NHS would be able to adequately care for me if I became seriously ill with coronavirus	20%	54%	10%	13%	2%
I trust the police to use their powers to restrict people's movement sensibly	14%	51%	11%	15%	9%

In six months' time, do you think...

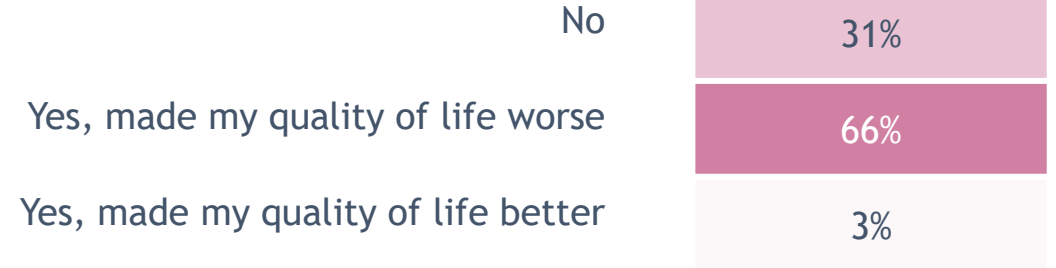
	Yes	No	Unsure
We will have a vaccine that protects most people from coronavirus	69%	14%	18%
We will still be having local lockdowns	61%	26%	13%
We will be in a national lockdown	37%	42%	21%
We will have learned to live with people being infected in our communities	77%	15%	9%



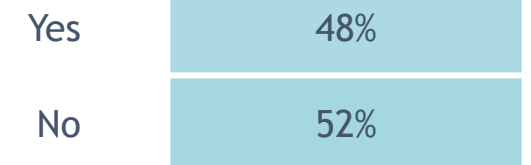
Having restrictions that apply to all people to try and reduce coronavirus across the population

Protecting older and vulnerable people from coronavirus while letting other people return to normal life

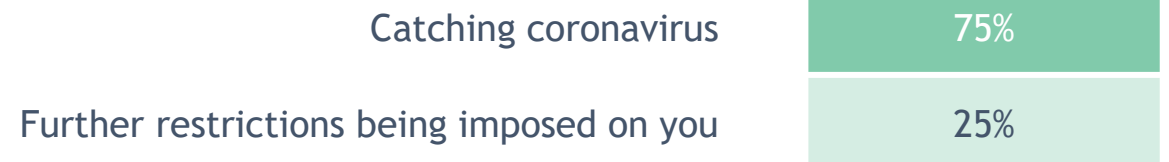
In general, over the last 6 months, have lockdown and other coronavirus restrictions affected your quality of life?



In general, over the last 6 months, has worrying about catching coronavirus made your quality of life worse?



What worries you more?



What are we worried about?

Over the past week, how much have the following been worrying you?

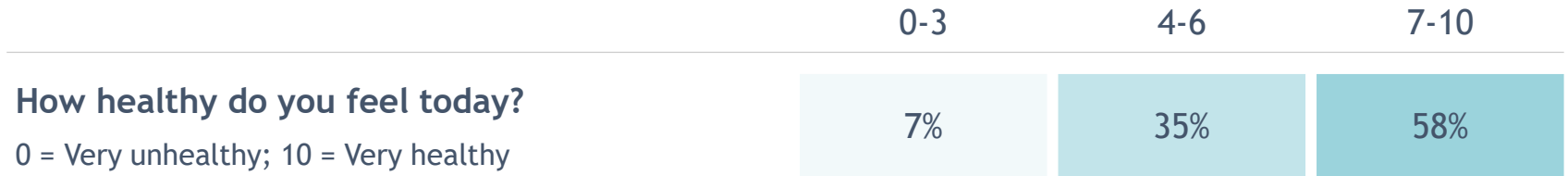
	Not at all	A little	A lot
Becoming seriously ill with coronavirus	33%	41%	26%
Losing someone you love to the virus	18%	31%	51%
The wellbeing of your children**~	22%	27%	51%
Your children's education**~	22%	29%	49%
Losing your job or not being able to find one#~	54%	20%	26%
Work, even if your job is secure#~	49%	26%	25%
Your finances	57%	21%	22%
Going out in public places#	39%	40%	20%

*Limited to those with children in the household; ~Unweighted data; #Excludes those responding 'not applicable'

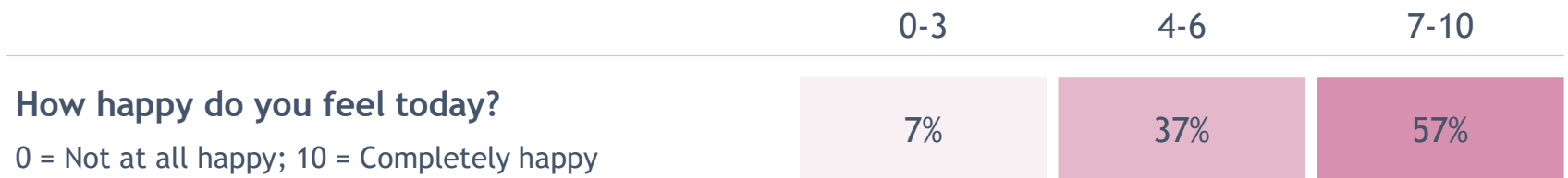
Thinking about the next few months as we head into winter, how concerned are you about the impact of coronavirus restrictions on the following...?

	Not at all	A little	A lot
Your ability to keep in touch with family and friends	28%	32%	40%
Your ability to meet your basic needs (e.g. getting food, heating your home)	63%	24%	12%
Your mental health and wellbeing	40%	37%	23%
Your physical health	48%	37%	15%
Feeling lonely or socially isolated	55%	28%	17%
Your finances	61%	24%	15%

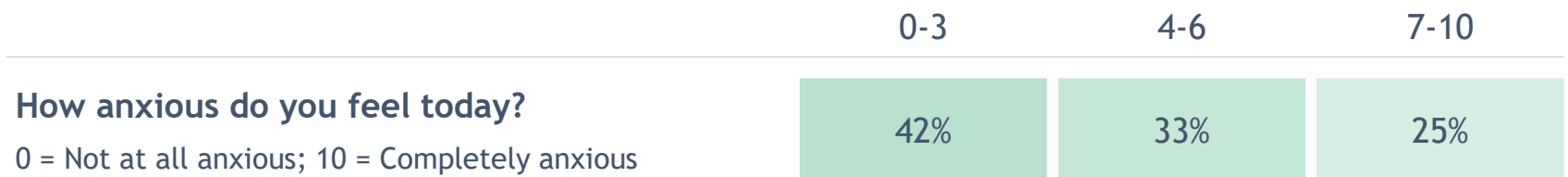
Feeling healthy



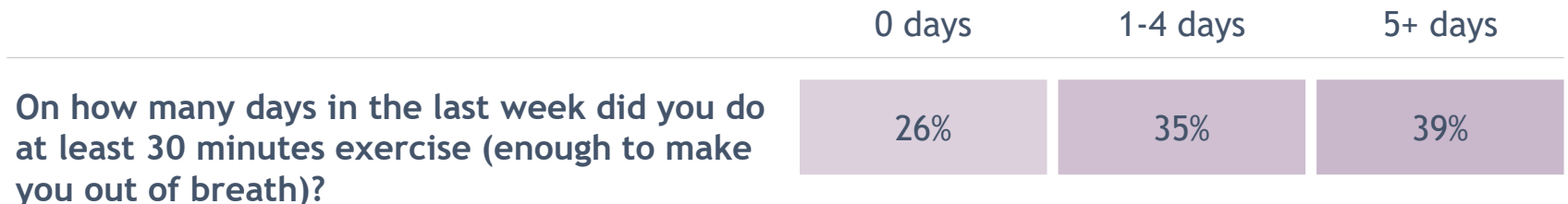
Feeling happy



Feeling anxious



Exercise



In the last week, how often have you felt...

	Lonely	Isolated
Never	61%	53%
Occasionally	26%	28%
Often	9%	14%
Always	4%	5%

Over the past week, how much has the following been worrying you?

Your mental health and wellbeing

Not at all	39%
A little	39%
A lot	21%

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How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:
phw.nhs.wales/howareyoudoing

